

4.1.2- The Institution has adequate facilities for cultural activities, sports, games (indoor, outdoor), gymnasium, yoga centre etc.

Cultural activities – Cultural activities in college play a significant role in enriching the academic experience of students. These activities range from art exhibits and music performances to theatre productions and literary festivals. They provide a platform for students to showcase their talents and also expose them to diverse cultures and perspectives. Participating in these activities also helps students develop important skills like teamwork, leadership, and communication. Additionally, cultural activities in college can foster a sense of community and help students form lasting connections with their peers. Overall, cultural activities are an integral part of the college experience and contribute to the holistic development of students.

For cultural activities, the college has a separate cultural cabin. In a cultural cabin, instruments like the guitar, table, harmonium, etc. are present. Students are participating in various cultural events arranged by their college as well as those of other colleges. The college environment encourages students who are interested in playwriting, drama, and dance. Every year, the college arranges various cultural programmes for the students.

The Inauguration of the Cultural Association was held on 2nd Dec. 2021. This program was organized to invite the talented artists to join cultural association and to motivate them by providing a platform for the students thereby give them confidence to stage program. Mr. Sandeep Palve who is Head of Sakal Media Mumbai and also our ex-student of the college was the chief guest of the function. He guided the students by narrating his own experience of the college and how he developed himself in the society.



In association with RAK police station, under the guidance of ACP Kadam madam, students of cultural unit performed street plays on women's safety named 'TU AAHES NA' at various places of Wadala. Mr. Hritvik Lingyant wrote the script of the street play. Students got appreciation from the many people.



In association with Career Guidance and Placement cell, cultural association conducted online workshop on the topic 'Mental Wellbeing' on 19th Feb 2022. Ms. Laasya Mangalmpalli from Vocskill was guest speaker. Many students took part in this workshop and enjoyed the workshop very much. Workshop was very interactive.

**PEOPLE'S EDUCATION SOCIETY'S
DR. AMBEDKAR COLLEGE OF COMMERCE &
ECONOMICS, WADALA, MUMBAI
CAREER GUIDANCE & PLACEMENT CELL
& CULTURAL ASSOCIATION IN COLLABORATION
WITH VOCSKILL INVITES YOU TO
ONLINE WORKSHOP ON TOPIC "MENTAL
WELLBEING" ON 19FEB.2022 AT 11AM TO 12:30PM**

| | |
|---|---|
| <p>GUEST SPEAKER MS. LAASYA MANGALMPALLI <i>Topics covered</i> *Burnout & Selfcare *what is Mental health & why is it important *what is burnout? identifying causes *Self care & Barriers of Self care *Mindfulness Activity</p> |   |
|---|---|

LINK FOR REGISTRATION
<https://forms.gle/ZM1eTWvj62dZkhJ08>

| | | |
|---|--|---|
| PROF. VIDYA TORASKAR CHAIRPERSON- CULTURAL ASSOCIATION | DR. GANGOTRI NIRBHAVANE COORDINATOR- PLACEMENT CELL | DR. JEYASHREE G. IYER I/C PRINCIPAL |
|---|--|---|



Online Intercollegiate on Rapping, Dancing, Beatboxing conducted by cultural association in academic year 20212-22.

Many entries were received from different colleges. Judges for different competitions were as follows.

| Name | Competition |
|--------------|--------------|
| Krishna D 17 | Rapping |
| Veer Saluja | Beat Boxing |
| Rajendra | Solo Dancing |
| Shivala | Solo Singing |

The collage consists of four judge cards arranged in a 2x2 grid. Each card has a yellow vertical bar on the left with a white circle and the word 'Judge' written vertically. At the top of each card is the judge's name, a decorative emblem, and the competition name. Below this is a photograph of the judge. At the bottom left of each card is a gold circular logo with '50 Years Golden Jubilee' and at the bottom right is the text 'Online Event'.

- Top Left Card:** KRISHNA D 17, RAPPING. Photo of a man in a grey hoodie and cap.
- Top Right Card:** VEER SALUJA, BEATBOXING. Photo of a man performing on stage.
- Bottom Left Card:** RAJENDRA, Dancing. Photo of a man in a blue jacket leaning on a counter.
- Bottom Right Card:** SHIVALA, SINGING. Photo of a woman holding a microphone.



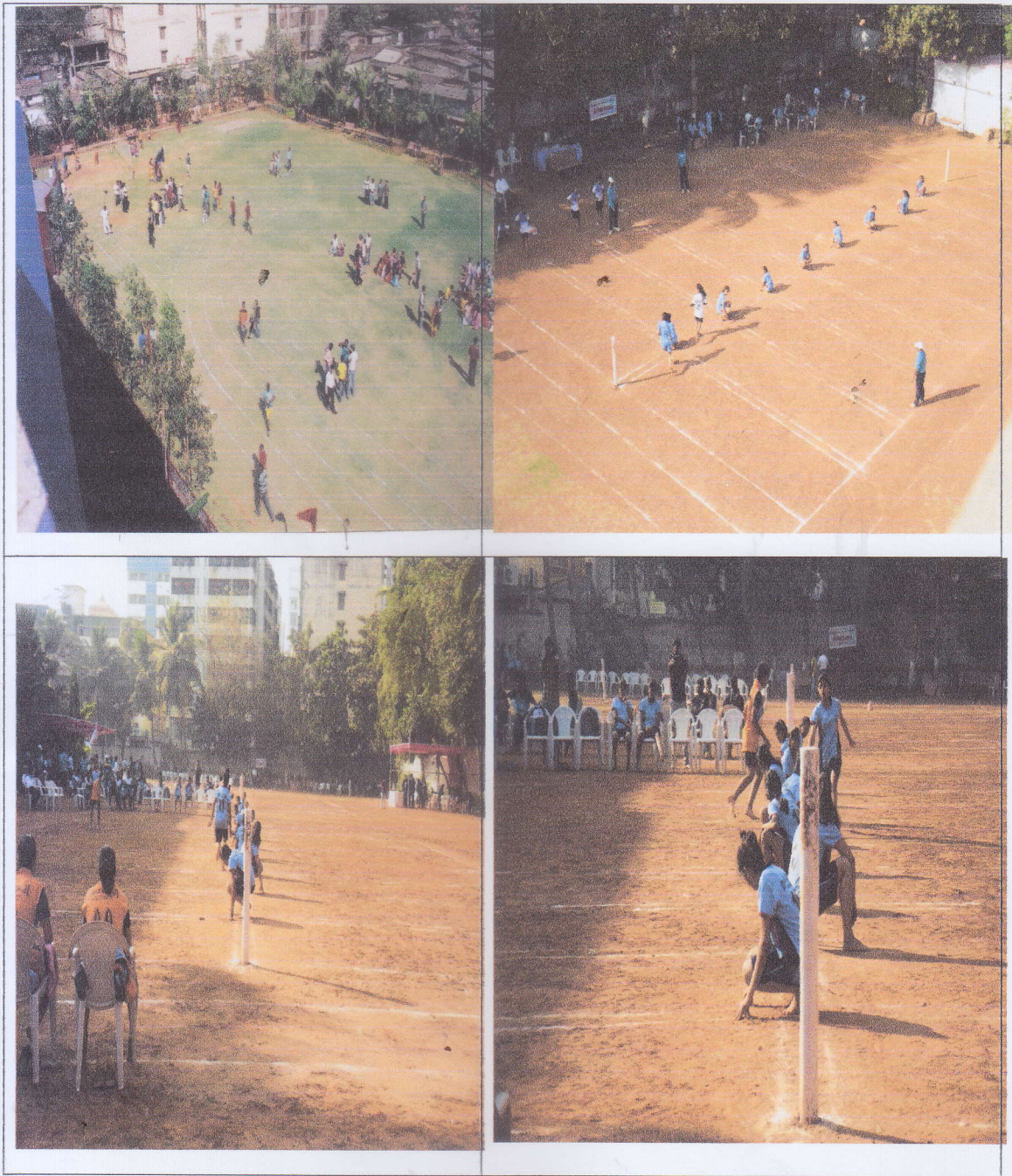
Winners were announced on 2nd Feb.2022 by respective judges of the said competitions.
 Winners of the competitions were as follows.

| | | | |
|-------------------|--------|----------------|---|
| Varun Roy | FYBA | Beat Boxing | Nagindas Khanawala College, Malad |
| Pradeep Tambe | FYBA | Singing | Mahatma Phule Education Society Night College, Parel |
| Siddesh Tanganoor | FYBCOM | Rapping | Dr. Ambedkar College, Wadala |
| Aarti Jha | FYBCOM | Dancing | Dr. Ambedkar College, Wadala |

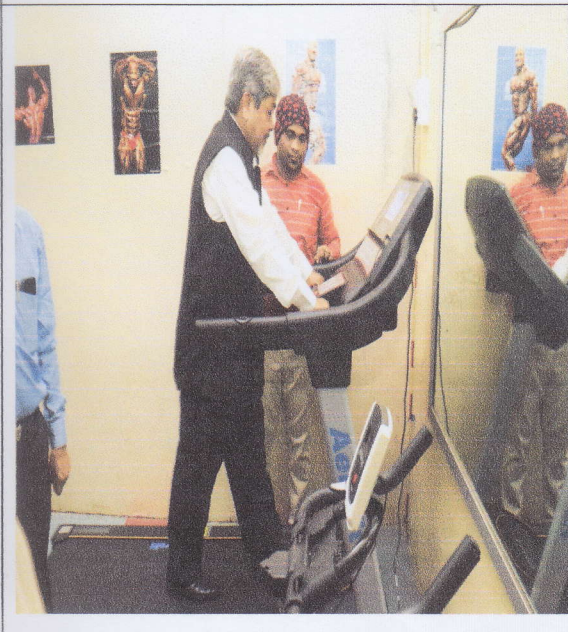
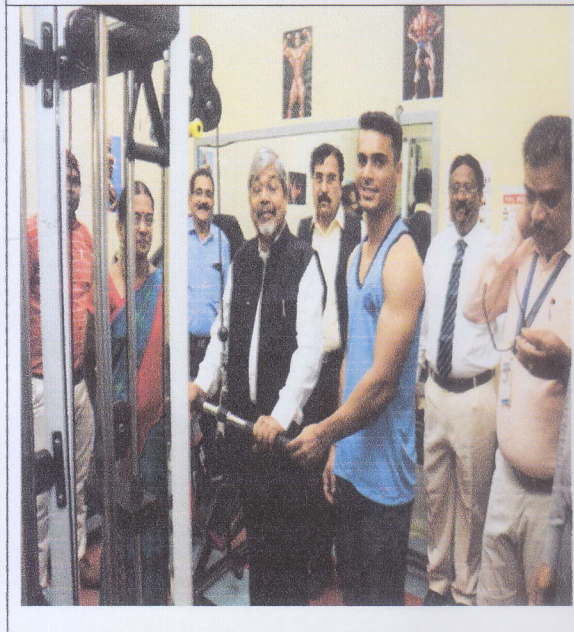
On 3rd Feb 2022, winners were awarded with Cash Prize and certificate.



Games (indoor, outdoor)-



Gymnasium-



Gymkhana Department organized Nutrition Programme on 11th March, 2022

Peoples Education Society's
Dr. Ambedkar College of Commerce & Economics, Wadala, Mumbai- 400031.

Gymkhana Department Organises

Programme on Nutrition



Speaker



Mr. Amogh Darekar

Date-11th March, 2022
Time- 9:40 am to 10:40 am.



Prof. D. A. Gawai
(Chairman- Gymkhana)



Prof. P. P. Patil
(Sport Director)

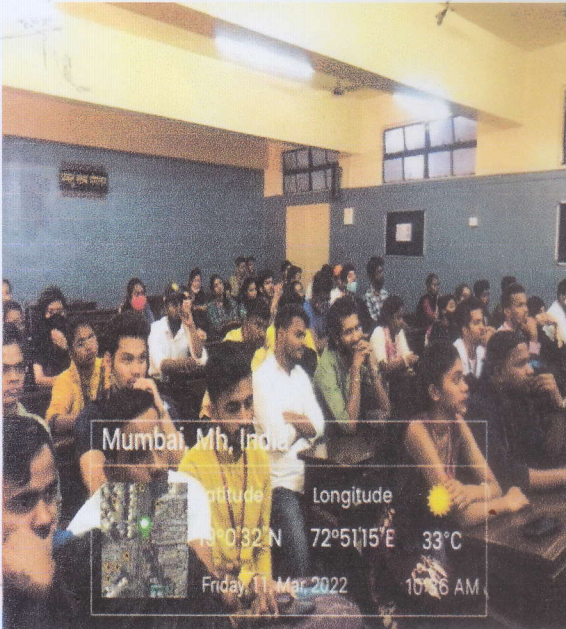


Dr. Jeyashree G. Iyer
(I/C Principal)



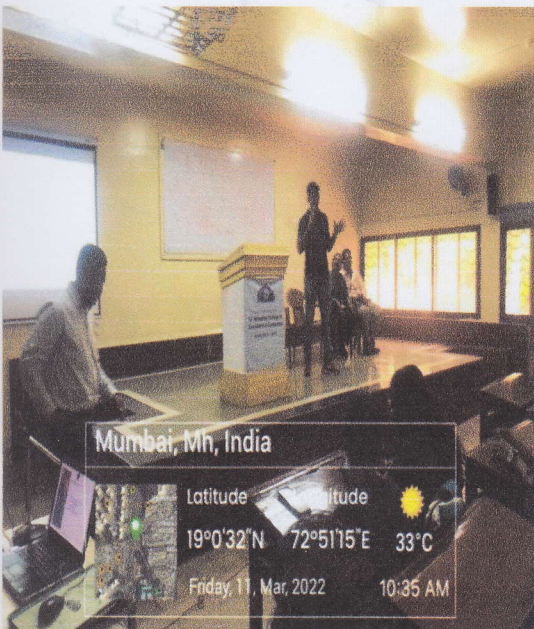
Mumbai, Mh, India

| | | |
|----------------------|------------|-------------|
| Latitude | Longitude | Temperature |
| 19°0'32"N | 72°51'15"E | 33°C |
| Friday, 11, Mar 2022 | | 10:35 AM |



Mumbai, Mh, India

| | | |
|----------------------|------------|-------------|
| Latitude | Longitude | Temperature |
| 19°0'32"N | 72°51'15"E | 33°C |
| Friday, 11, Mar 2022 | | 10:36 AM |



Mumbai, Mh, India

| | | |
|----------------------|------------|-------------|
| Latitude | Longitude | Temperature |
| 19°0'32"N | 72°51'15"E | 33°C |
| Friday, 11, Mar 2022 | | 10:35 AM |



[Signature]
Principal
Dr Ambedkar College of
Commerce and Economics
Wadala, Mumbai - 400 031