

Report to Dr. Ambedkar College of Commerce & Economics, Wadala Principal and Head Coordinators

Stream	Batch size	Date started	Date complete	Placed Number	Trainer
BBI	5	17-Mar-2023	7-Apr-2023	5	Chionia D
BCom	17	20-Apr-2023	23-May-2023	12	Chionia D
BCom	1 (Mixed batch with other colleges_	1-Jun-2023	19-Jun-2023	1	Smita P

Subject: Final Training Report 2022-23

Total Placed students through TNS India Foundation is 18

Summary of training:

The students have completed the program including Personal effectiveness, Communication Readiness, Career Readiness and Work Readiness. Training was delivered through offline and online class. The students have also undergone individual counselling during the program, post training, preplacement and also post placements.

Summary of placements:

Company Name	Number of students placed	Salary offered
HDB Financial Services	2	168000
Catalyst	1	180000
Rekrut India	2	240000
CAMS online	2	200100
Axis Bank	11	192000
Total	18	





Note: Remaining students are continuing to receive updates about vacancies undergoing interview and placement processes.



College of Economics Dr. Ambedka Commerce & Wadana, Muniper - 400 031.

	Name	Email ID	Stream	Contact No	Training Status	Placement Da	Employer	Designation	Salary
1	Megha Anand Devare	mdevare50@gmail.com	BBI	9867897740	Dropout	-	-	-	-
2	Sunita Simanchal Ponda	sunitaponda02@gmail	<u>B.Com</u>	9321836896	Graduated		HDB Financial Services	Tele Sales Executive	168000
3	Aditi Abhijeet Salvi	Salviaditi25@gmail.co	BBI	8104194676	Graduated	21-Apr-23	Catalyst	Customer Service Executive	180000
4	Premnath Krishnaprasad Vishwakarma	Vishwakarmapremnath	BBI	9821746426	Graduated	21-Apr-23	Rekrut India	Virtual relationship manager	240000
5	Thirumal Krishnamurthi Thevar	thirumal724@gmail.co	BBI	7039357077	Dropout	-	-	-	-
6	Harshal Madhusudan Pawar	harshalpawar0431@gr	BBI	8657871575	Graduated	21-Apr-23	Rekrut India	Virtual relationship manager	240000
7	Sandeep Swamy Regoti	sandeepregoti99@gma	BBI	8097400317	Graduated	26-May-23	CAMS online	Senior Customer Service Executive	200100
8	Gupta Ashwin Rajesh	ashwing839@gmail.co	BBI	7208692608	Graduated	21-Apr-23	CAMS online	Senior Customer Service Executive	200100
9	Vaishnavi Dattaram Malve	vaishnavimalve17@gn	BBI	8450985614	Dropout	-	-	-	-
10	Nikita Shriniwas Thakur	nikitasthakur10@gmai	BBI	9702379886	Dropout	-	-	-	-
11	Prathamesh Santosh Chavan	cprathamesh018@gma	BBI	8433656856	Did not Enroll	-	-	-	-
12	Mamta Dharmraj Bind	bindmamta27@gmail.	B.Com	9819218191	Graduated				
13	Abhishek Chhotelal Shah	abhishekshah3232@gr	B.Com	8828269434	Graduated	26-May-23	Axis Bank	Sales Executive	192000
	Saranya Dhanalakshmi Devendra	saranyadevender016@	<u>B.Com</u>	8169864050	Graduated		HDB Financial Services	Tele Sales Executive	168000
15	Sumit Ramesh Jaiswal	sumitjaiswal818@gma	B.Com	8850488695	Graduated	26-May-23	Axis Bank	Sales Executive	192000
16	Shaikh Shama Parveen	shaikhshama28112002	B.Com	7304296606	Dropout	-	-	-	-
	Priyanka Ram Swarup Chaudhary	priyankachaudhary899	<u>B.Com</u>	9819178228	Graduated	26-May-23	Axis Bank	Sales Executive	192000
18	Ashwini Janardhan Jadhav	jashwini779@gmail.co	<u>B.Com</u>	8422004557	Graduated	26-May-23	Axis Bank	Sales Executive	192000
19	Anshika Rajesh Gupta	anshika7862002@gam	B.Com	8850801461	Graduated	26-May-23	Axis Bank	Sales Executive	192000
20	Khan Nazmeen Shamshad	khannazmeen665@gm	<u>B.Com</u>	9867251879	Dropout	-	-	-	-
21	Rukhsae Yusuf Sayyed	rukhsarsayyed527@gr	B.Com	9867087532	Graduated	26-May-23	Axis Bank	Sales Executive	192000





22	Priyanka Hanmant Kamble	priyankakamble90826	B.Com	9082607494	Graduated	26-May-23	Axis Bank	Sales Executive	192000
23	Pratik Pramod Jadhav	pratikjadhav3112000@	B.Com	8108904743	Graduated				
24	Ashwini Ashwini Arumugam	ashwiniarumugam2@g	<u>B.Com</u>	9321815856	Graduated	26-May-23	Axis Bank	Sales Executive	192000
		rahulsitap54@gmail.co	B.Com	8104745195	Graduated	26-May-23	Axis Bank	Sales Executive	192000
26	Twinkal Suresh Gupta	dulariagrahari@gmail.	B.Com	8419932740	Graduated				
	Nangai Selvarathnam Navinsin	nangaiselvarathnamna	<u>B.Com</u>	8097273039	Graduated	26-May-23	Axis Bank	Sales Executive	192000
28	Asiya Wali Ahmad Shaikh	shaikhasiya455@gmai	B.Com	7506118834	Graduated	07-Jul-23	Axis Bank	Sales Executive	192000



Principal Dr. Ambedka College of Commerce & Economics Wades, Musiple - 400 031.



Report to Dr. Ambedkar College of Commerce & Economics, Wadala Principal and Head Coordinators

Subject: Final Training Report 2021-22

Stream	Batch size	Date started	Date complete	Placed Number	Trainer
Bcom, BBI	24	1/9/2021	18/12/2021	10	Disha M

Total **Placed students** through TechnoServe is 8 and **Self-placed students because of TechnoServe Training and counselling** is 2.

Summary of training:

The students have completed 100-hour program including Personal effectiveness, Communication Readiness, Career Readiness and Work Readiness. 60 hours of training was delivered in class and 40 hours of mandatory training is made available to students on TechnoServe's proprietary online learning platform. The students have also undergone individual counselling during the program, post training, pre-placement and also post placements.

Summary of placements:

Company Name	Number of students placed	Salary offered
CalibeHR	2	1,80,000
ICICI Prudential	1	2,65,000
HDB Financial Services	3	1,56,000
Motilal Oswal	1	2,00,000
BNM Business Solutions	1	2,88,000
Self-Placed	2	
Total	10	

Note: Remaining students are continuing to receive updates about vacancies undergoing interview and placement processes.



Dr. Ambed Economics Commerce Wadana, Musilian - 400 031.

People's Education Society's

Dr.Ambedkar College of Commerce & Economics, Wadala, Mumbai

7.2.1 - Describe two best practices successfully implemented by the Institution as per NAAC format provided in the Manual.

Best Practice - I

Title of the Practice- "Employability training program'

Objectives of the Practice (100 words)

1. To develop job skills in the students.

2. To give maximum job opportunities to the students.

The Context (150 words)

The Career Guidance & Placement cell has approached various organizations and Multinational Companies to conduct the online as well as offline campus Recruitment programme in our college campus. In academic year placement cell not only conducted online training but also offline training after September 2021. Training programs included interview skills, business etiquettes, work readiness, Resume building, Communication Skills etc. This is the process by which many students have really benefitted in the past.

During the pandemic and after, many people lost their job due to lockdown. Career Guidance and Placement Cell of Dr. Ambedkar College arranged various online skill development programs and provided job opportunities to the students during the lockdown period.

The Practice (400 words)

The Career Guidance and Placement Cell provides opportunities for the students to get employment prior to the completion of their degree courses. In the pandemic period and after the pandemic, the Career Guidance and Placement Cell conducted various online and offline training programmes for students, which not only helped students to improve their skills but also provided job opportunities.

Following Placement trainings were conducted in Year 2021-22 (offline/Online mode).

 Techno serve Job Readiness Programme - Career Guidance & Placement Cell conducted 2 batches of Techno serve training for TYBCOM students in this academic year.1st batch in June 2021 & 2nd batch in August 2021. For August 2021 batch orientation were conducted on 18th Aug.2021. Training includes "Techno serve Job Readiness Programme" which includes 'Communication Readiness', 'Career Readiness', and 'Work Readiness'. 35



Dr. Ambedka Opliege of Commerce & Economics Wadars, Muniper - 400 031. Students from final year were enrolled for batch & 03 students got placement through this program.

- 5 days course on IT & Technologies with Jetking- Placement Cell conducted 5 days free of cost training from 3rd Aug.2021 to 7th Aug.2021.on IT & Technologies. Training covers topics related with IT & Technologies, Personality Development, communication skills etc. 45 students attended the course.
- 3. Barclays -GTT certificate course on life skills Career Guidance & Placement Cell with GTT conducted certificate course on Life skills & Aptitude from 6th September to 18th September 2021. Course covered Interview skills, connect with work, self-awareness, grooming, body language, confidence, Resume, Rejections, Corporate readiness, values, ownership, respect, team workshop Analysis, mock interviews & group discussion as well as training on questions related with the Aptitude test.

57 students registered for the course.

- 4. American India Foundation with Citi Bank Certificate Course-Placement Cell with AIF -Citi bank run Employability and Skill Development program for college students. Under these training Courses like Retail Sales Associate, Retail sales Associate Cashier, Business Correspondence and Business Facilitator, Account Executive are covered in online mode, training also cover topic like Soft skill and Life Skills to students during course time. From FYBCOM to TYBCom total 40 students done registration for different courses run by AIF. 32 students have successfully completed the training.
- 5. Barclays-GTT Certificate course on Communication skills (30Hrs.Certificate course)
 Placement Cell with Communication department conducted value added course on Communication Skills with GTT under Barclays project from 20th Jan.2022 to 4th Feb.2022.
 55 students completed 30 hrs. Barclays skill program.
- 6. **GTT-RBL BFSI course-** 10 days Course started from 24th Feb.2022 to 11th March 2022, in college premises in offline mode. Total 112 students did registration for the programme. Students completed 120-hour program including Domain training in BFSI Personal effectiveness, Communication Readiness, Career Readiness and Work Readiness. Training was delivered through Offline class. The students had also undergone individual counselling during the program, post training, pre-placement and also post placements.20 students got placement in HDB Financial Services and 16 students got placement in Eminent Research. Remaining students are continuing to receive updates about vacancies undergoing interview and placement processes.





- Barclays-GTT course on Interview skills-From 21st March to 26th March 2022, Placement cell conducted 1-week Interview skills & Personality Development course for students which covers job interview skills, Interview tips & group discussion tips for Interviewer.
- 8. Antrang Foundation's Career Ready Employability Skills Training Placement Cell conducted 3 batches for 'Antarang -Career Ready Program' for degree college students in offline mode and 3 online batches for Junior college students. College received certificate of appreciation from Antarang foundation as well as received Certificate of Achievement for ensuring maximum number of students to complete the Career Ready Employability Skills Training in 2021-22.

Cell conducted following workshops /guest lectures in year 2021-22 for students.

- Career Guidance & Placement Cell & IQAC with Finplus & Squad Infotech arranged 03 days' National level workshop on GST, Accounting and digital Marketing. Mr.Murli (Chartered Accountant) and Mr.Maneesh Jha were the resource persons for the online workshop.
- Arranged online webinar on "Overview of the BFSI Sector and the Employment opportunities in it' by District skill employment & Entrepreneurship Guidance Centre, Mumbai city, Govt.of Maharashtra in association with BFSISSC (Banking, Financial Services & Insurance Sector Skill Council of India) on 15th July 2021.
- 3. Online Orientation program by Technoserve on 18th Aug.2021, Ms.Disha Mishra -Zonal lead of Technoserve given guidance to students about the Technoserve training.
- Arranged online "Mentor Together orientation program" on 21st September 2021 for students. Ms.Mayuri Khujnare guided students about mentorship program.
- 5. Arranged online Orientation lecture on Professional certificate courses by American India Foundation on 23rd September 2021. Ms.Rupali Patil guided students about various
 professional courses.
- 6. Placement Cell organized online 2 Days Guidance per lecture with IQAC on Market Alligned Skills Training (MAST) and on Share Market. Mr.Dhananjay Kulkarni & Mr.Nirmit R.N.were the resource persons respectively for both the days from 7th to 8th Oct.2021.
- Online Introductory session on 20th oct.2021 by Mr.Dhananjay Kulkarni on Market Alligned Skills Training (MAST) by American India Foundation.





- Online Introductory session on 19th Nov.2021 on AIF-Citi Certificate course in Retail management & IBM Job training, Mr.Ibrahim & Mr.Prajyot Gharat guided students for both the session.
- Placement Cell with IQAC jointly organized online 2 Days Guidance per lecture on 23rd & 24th Nov.2021on following topic-

23rd Nov.21on topic 'Financial Literacy', Mr.Sudhakar Kulkarni guided students.

24th Nov.2021 on topic 'Government Schemes & Entrepreneurship', Mr.Mahendra Malviya, In charge of National SC-ST Hub, Mumbai, Ministry of Micro, Small & Medium Enterprises guided students.

- 10. Arranged Online guest lecture on 'Soft Skills 'by Squad Infotech on 13th Dec.2021.
- 11. Arranged Guidance per lecture by Mr.Pratik Narvekar on Career Options for TYBCOM students on 17 Dec.2021
- 12. Orientation program for Antarang -Career Ready program on 6th Jan 2022, Ms.Sreyoshi guided students about the Career Ready program.
- 13. On 10th Jan 2022, arranged TCS Orientation Program by Tata Consultancy Services, Mr.Ramesh Varma given guidance to students about TCS-BPS program.
- Arranged offline guest lecture on 'Communication Skills 'by Squad Infotech on 19th March 2022.

Guidance per lecture series on Competitive Exams

Career Guidance & Placement Cell conducted online guidance per lecture series on every Saturday from 18th Dec.2022.Following session were covered under competitive exam series.

Sr.	Session date	Competitive exam topic	Resource person/ Guidance lecture by
No.		MAN MADE	Sultainee leetare of
01	18 th Dec.2021	Competitive Exams for getting Job opportunities in Public Sector services. (SSC, Railway, Police etc)	Mr.Anil Zende
02	8 th Jan.2022	IBPS (Government Banking exam) Part -1	Mr.Sachin Thanekar & Mr.Pranav Utekar (Central Bank of India)
03	15 th Jan.2022	IBPS (Government Banking exam) Part -2	Mr.SatyaPrakash
04	22 nd Jan.2022	Preparation Strategy for Competitive Exams	Dr.Sangita Nirmal (Patkar-Varde Col)
05	29 th Jan.2022	Tehsildar & Talathi Exam Preparation	Mr.Pradeep Deshpande (Talathi)





Following placement drives were arranged by the placement cell in the academic year 2021-22.

- 1. Virtual Placement Drive by ITM Edutech training on 12th August 2021.
- Online placement drive for Graduates & MCom students for 'Operation Analyst' post on 22nd Dec.2021 Pre-interview session kept for the students.
- 3. Offline placement drive held at college on 3rd March 2022
- 4. Offline placement drive on 12th April 2022 by ICA dadar for college students.
- Forwarded students resume for the Internship Program at squad Infotech Pvt.Ltd.for the post of TRC & Business Executive on 28th Feb.2022
- Forwarded students resume (10 Resume) for Cognizant company for various posts in Cognizant company.
- Forwarded students resume for squad Infotech Pvt.Ltd.for Business Executive post on 14th Aug.2021

All the information about the placement had been sent through a WhatsApp group.

- 1. Urgent opening in Piramal Capital & Finance Pvt.Ltd.on 26th Aug.2021.
- 2. Jobfair at Dadar arranged by ICA, Dadar on 28th Aug. 2021
- 3. Different job fairs arranged by CISF, GTT etc.placement cell sent time to time notifiactions in the group.









Placement Activities Offline Program 2021-22

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Wadare, Muniper - 400 031.



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Principal Dr. Ambedka College of Commerce & Economics Waders, Multiple - 490 031.

Evidence of Success

Students Certificates:

- Antrang foundation,
- 3 days webinar on career opportunities in financial field,
- Jetking workshop on IT networking & softskills



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Principal Dr. Ambedka, Opliege of Commerce & Economics Wadare, Multipler - 400 031. in the

Barclays Life Skills Programme







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Principal Dr. Ambedka College of Commerce & Economics Wadare, Mustiple - 400 031.

Citi - AIF Training for Dr. Ambedkar College students

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		OT			
97	Sonam borkar	moo.lismg@80tbseionsrtbnsmzeb	1825226548	Logistics1	Completed
	Shivani rohidas salve	sakshisalve92@gmail.com	8169190125	BCBEI6	Completed
	KISHOR RAJU GOWDA	gowdakishor550@gmail.com	61262445656	BCBEI9	Completed
Substantian Constantiants	Govardhan Maruti Patil	govardhanpatile9@gmail.comq	5812984656		Completed
77	VAKASH BALU DESAI	aakashbdesai@gmail.com	91 <i>LL</i> 0 <i>LL</i> E16	VN	Not attended
	Mahadik Shrutika Rajendra	avanigaikwad1030@gmail.com	6260606896		Completed
	Kiranjadhav	kj321305@gmail.com	£61\$86Z0L6	BCBEIZ	Completed
	Supriya Rajesh Ghanekar	supriyaghanekarabc@gmail.com	8454833592	Retail22	Completed
	Shahbuddin Shaikh	najuddinshaikhnajuddin@gmail.co	186	Retail22	Completed
LI	Priyanka Vilas Chavan	priyankaebizer15@gmail.com	767 8860	Retail22	Completed
91	Shubham madhukar pujari	moo.lismg@128812qs	8596178916	Retail21	Completed
SI	Sarvesh sandeep khaire	khairesarvesh2449@gmail.com	8928031023	Retail21_	Completed
14	Ninad Manjusha Chonkar	ninadchonkar@gmail.com	7781761966	Retail21	Completed
13	Abdullah matiullah khan	khanabdullah8580@gmail.com	0L86L17656	VN	Not attended
15	Aishwarya Mangesh Gaikwad	aishwaryagaikwad4422@gmail.co	0EL7E0E698	Retail21	Completed
II	Bushra Tufail Ahmed Khan	khanbushra4455@gmail.com	LS6919807L	VN	Not attended
10	Abdul razak Izhar ali shaikh	razzaksh113@gmail.com	816935228	Retail21	Completed
6	Anisha Bano Khan	moo.lismg@0dsalsinsnshk.www	L/71818LL986	V N	Not attended
8	Tushar rajratna jadhav	tusharrajujadhav@gmail.com	6719812786	Retail16	Completed
L	Sonali Yuvraj Rupwate	rupwatesonali5@gmail.com	LLZEE67578	Retail16_	Completed
9	Vaishali prakash yadav	yvaishali858@gmail.com	2674633	BCBE10	Completed
ç	Priya Naval Sharma	moo.lismg@dd4466@gmail.com	876916976	BCBE10	Completed
7	Shaikh Hajra Bi Mohd.Hanif	shaikhhajrabil@gmail.com	76062697266	BCBE10	Completed
£	Dilshad begum Mohd Akmal	dilshadshaikh612@gmail.com	669L798ELL	BCBE10	Completed
7	Tushar Ramesh Gowda	hushargowda2002@gmail.com	66710/1678	BCBEI0	Completed
I	Minakshi mangesh kanojiya	minakshikanojiya70@gmail.com	58609EE0EL	٧N	Not attended
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Principal Dr. Ambedka College of Commerce & Economics Wades, Muniper - 400 031.

RBL GTT - Soft skills and Financial Marketing Training



Commerce & Economics Wadana, Musipar - 400 031.

Placed Students list in Year 2021-22

Various training conducted by Career Guidance & Placement Cell for students in year 2021-22.

				1977 - C
Sr.	Name of student	Compony who gave	Placed compony/ Bank	Package
No.		training		
1	Ms.Prarthna Kadam	Placement drive by Squad Infotech for Dr.Ambedkar Col.	smarthunt4u Post -Jr.Executive (TRC)	12000/month
2	Ms.Savita Dhadke	Ms.Savita Dhadke Placement drive by Squad Infotech for Dr.Ambedkar Col. SMarthunt4u Jr. Executive (TRC)		12000/month
3	Hanifa Shaikh	Placement drive by Squad Infotech for Dr.Ambedkar Col.	smarthunt4u Post -Jr.Executive (TRC)	12000/month
4	Harshali Chavan	Interview arranged by Dr.Ambedkar Col.	view arranged InSync Analytics (India)	
5	Mr.Pawan Kumar	Technoserve	Cupshup	20000/month
6	Ravi Kanojia	Technoserve	HDFC Securities Andheri (Demat Account Opening Executive)	144000/year
7	Pooja Ramjit bind	Technoserve	HDFC Securities Andheri (Demat Account Opening Executive)	144000/year
8	Rekha Dayanand onekar	Technoserve	Andromeda (Business Development Executive)	150000/year

College of Economics Dr. Ambedka Commerce & Wadana, Munibar - 400 031.

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Sr.No	Name of student	Email-id	Compony	post	package
01	Lalit dipak pawar	lalitdipakpawar@gmail.com	HDB Financial Services	Relationship Manager	Rs.162000/-
02	Ritika ramdas tapase	Barkhatapase143@gmail.com	HDB Financial Services	Relationship Manager	Rs.162000/-
03	Ganesh arjun salunkhe	ganeshsalunkhe0207@gmail.com	HDB Financial Services	Relationship Manager	Rs.162000/-
04	Mansi Milind gamre	mansigamre.02@gmail.com	HDB Financial Services	Relationship Manager	Rs.162000/-
05	Nisha Rajesh Udmale	nisha253077@gmail.com	HDB Financial Services	Relationship Manager	Rs.162000/-
06	Prathamesh Suresh Mahadik	pssm962@gmail.com	HDB Financial Services	Relationship Manager	Rs.162000/-
07	Prarthana	prarthnakadam25@gmail.com	HDB Financial Services	Relationship Manager	Rs.162000/-
08	Rahul Narayan Kamble	kamblern2000@gmail.com	HDB Financial Services	Relationship Manager	Rs.162000/-
09	Pranjal pramod mayekar	pranjalmayekar216@gmail.com	HDB Financial Services	Relationship Manager	Rs.162000/-
10	Prashant Basaweshwar Machigar	ganeshmachigar10@gmail.com	HDB Financial Services	Relationship Manager	Rs.162000/-
11	Vaishnavi santosh shirke	vaishu17shirke@gmail.com	HDB Financial Services	Relationship Manager	Rs.162000/-
12	Ankita Sanjay Mohite	ankitamohite438@gmail.com	HDB Financial Services	Relationship Manager	Rs.162000/-
13	Omkar Ganesh Nandgaonkar	omkarnandgaonkar25@gmail.com	HDB Financial Services	Relationship Manager	Rs.162000/-
14	Raj vijay papale	rajvijaypapale.a123456789@gmail.com	HDB Financial Services	Relationship Manager	Rs.162000/-
15	Shubham chandrakant gurav	shubhamgurav4321@gmail.com	HDB Financial Services	Relationship Manager	Rs.162000/-

Placement by GTT-RBL Training for TYBCOM & Graduates 2021-22



Principal Dr. Ambedka, College of Commerce & Economics Waders, Muniper - 400 031.

16	Chetan	satdivechetan30@gmail.com	HDB	Relationship	Rs.162000/-
	Shashikant	and the second	Financial	Manager	
	Satdive		Services		
17	Aniket Jetinga	aniketdhadke01@gmail.com	HDB	Relationship	Rs.162000/-
	Dhadke		Financial	Manager	
1.1.1.1			Services	8	
18	Ashwini Suresh	ashwinishelar1296@gmail.com	HDB	Relationship	Rs.162000/-
	Shelar		Financial	Manager	
			Services		
19	Prathmesh	prathmeshnimbare27@gmail.com	HDB	Relationship	Rs.162000/-
	nimbare nimbare	? ·	Financial	Manager	
			Services	U	
20	pratiksha maske	pratikshaamske19@gmil.com	HDB	Relationship	Rs.162000/-
	maske	the second management of the	Financial	Manager	
			Services		1

21	Ashwini Suresh Shelar	ashwinishelar1296@gmail.com	Selected	Eminent Research
22	Yogita ganesh salvi	Salviyogita917@gmil.com	Selected	Eminent Research
23	Tejas Hanamant Chavan	Chavantejas62371@gmail.com	Selected	Eminent Research
24	Jayhind Pramod shah	jayhindshah@gmail.com	Selected	Eminent Research
25	Prarthana gaikwad	prarthnakadam25@gmail.com	Selected	Eminent Research
26	Hritvik v. Lingayat	Hritviklingayat@gmail.com	Selected	Eminent Research
27	Shraddha Nagsen Kharpe	shraddhakharpe@gmail.com	Selected	Eminent Research
28	Pranali Ashok Jgatap	pranalijagtap45@gemail.com	Selected	Eminent Research
29	Shruti Gulabrao Rasal	shrutirasal3@gmail.com	Selected	Eminent Research
30	Arti mohan gupta	arti49037@gmail.com	Selected	Eminent Research
31	Sujata jjaiswar	sujatajaiswar13.19@gmail.com	Selected	Eminent Research
32	hanifa shaikh	hanifashaikh993@gmail.com	Selected	Eminent Research
33	Prashant Basaweshwar Machigar	ganeshmachigar10@gmail.com	Selected	Eminent Research
34	prathamesh Nimbare	prathmeshnimbare27@gmail.com	Selected	Eminent Research
35	surekha jagdale	surekha2300@gmail.com	Selected	Eminent Research
36	madhuri suryawanshi	suryawanshimadhuri@72gmailc.om	Selected	Eminent Research





Students offer letter

Training certificates

Problems encountered and resources required (150 words)

The college provided an online lecture platform in which Google Meet was used for placement training. In the initial phase of the pandemic, students were not familiar with online lectures, but over time they became familiar with the online portal. Students who went to other states and villages in Maharashtra were unable to attend the training due to poor network issues. After the pandemic, we started all training in offline mode as per the guidelines of Mumbai University. While shifting to offline mode, initially, students were reluctant to go for offline mode, but teachers and trainers explained the importance of face-to-face training and how it is more effective compared to online mode.

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People's Education Society's

Dr.Ambedkar College of Commerce & Economics, Wadala, Mumbai

7.2.1 - Describe two best practices successfully implemented by the Institution as per NAAC. format provided in the Manual.

Best Practice - II

Title of the Practice- "Gym & Sports for good health & mind of the students ".

Objectives of the Practice (100 words)

- 1. To inculcate importance of exercise, gym & sports in students.
- 2. To high light of importance of Good health
- 3. To create an ambience conductive to the pursuit of sports, Games and health
- 4. To foster physical, mental and intellectual Development of students
- 5. To imbibe sportsman sprit among the players.
- 6. To develop leadership quality and competitive spirit among students.
- 7. To provide platform for the players to participate in various tournaments at district/state, University/ National/International level.
- 8. To provide recognition to those who excel, in particular sport.
- 9. To develop sports and games related skills among the students.
- 10. To elicit the sport talent among students and to inculcate the spirit of sportsmanship
- 11. provided special coaching for Kho-Kho, Kabaddi, Cricket and football.

The Context

The gymkhana of our college motivate the students to participate in various sports events. the college offers special coaching in Kho-Kho, Kabaddi, Cricket and football.

the details of the coach are given below

Sr.No.	Sports/Games	Coach
1	Cricket	Mr.Mhamunkar.
2	Kho-Kho	Mr.Manoj Pawar
3	Kabaddi	Mr.Vishal Kamble
4	Football	Mr.Amit Bhagwan





The Practice (400 words)

To elicit the sportsman ship among the college had conducted various indoor and outdoor sports events during academic year 2021-22. We are privileged that our beloved I/c.Principal Dr. Jeyashree G Iyer is the Chairman of Kho- Kho tournament committee of University of Mumbai for the year 2021-2022. The Selection Trial for all sports events during the year 2021 – 2022 started from the month of Aug 2021-2022. The Gymkhana Committee appointed coaches for special coaching of sports like Football, Cricket, Kho-Kho and Kabaddi for boys and girls students separately. We have big spacious ground where University (Cricket, Kho-Kho and Kabaddi Kho-Kho) matches were conducted. Maintenance of ground is our main focus.

INFRASTRUCTURE AND FACILITY

- 1. Our college has very good Gymnasium, separately for boy and girl students.
- 2. There is good sport complex, where inter collegiate zonal and inter zonal Tournament for Kho- Kho, Kabaddi, volleyball and other tournament with the collaboration of Mumbai Universitywere played.

Sr.No	Description	Qty	Unit
1	04 Station Multi Gym	1	Nos
2	Smith Machine	1	Nos
3	Preacher Curl Bench	1	Nos
4	Adjustable Bench	1	Nos
5	Treadmill-commercial	1	Nos
6	Spine Bike Commercial	1	Nos
7	Rubberrized Dumbels	65	KGS
8	Rubberrized Weight Plate	60 .	KGS
9	Barbell Bar 5ft'	1	Nos
10	Barbell Bar 6ft'	1	Nos

Our college has separate gym for male & female with facilities like -



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College had taken sincere efforts to promote sports activities in the academic year 2021, details are given below.

 Gymkhana organized Nutrition Programme on 11th March, 2022 at 9:40 am to 10:40 am in Room No 02. Mr. Amogh Darekar was a resource person for the Nutrition session. the following key points were discussed during the program:

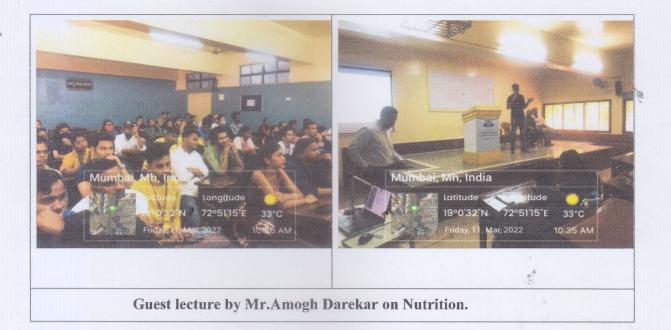
'Nutrition' includes in itself' nutrients' which can be broadly classified as carbohydrates, proteins, fats, vitamins, minerals, roughage, and water. A balanced amount of these nutrients in theright proportions constitute a healthy diet. The words' balanced' and 'right proportions' mentioned previously are key to life when itcomes to consuming nutrients.

'Optimum Nutrition' is defined as eating the right amount of nutrients in a proper schedule to achieve the best performance and longest possible lifetime in good health. The importance of nutrition can be visibly highlighted by the increasing number of nutrient deficiency diseases such as night blindness, scurvy, cretinism, anemia, and nutrient excess health-threatening conditions like obesity, metabolic syndrome, and other cardiovascular anomalies.

Undernutrition in underdeveloped and developing countries has been marked by malnutrition due to lack of even the basic staple nutrients causing diseases like marasmus and kwashiorkor. Animal nutrition on the molecular level comes from nitrogen, carbon, and hydrogen compounds. Nutrients are the building blocks of the food chain, which interlink to form food webs and influence world food production via biodiversity. Similarly, plant nutrition is referred to as the chemicals that are necessary for plant growthand other physiological processes in plants like metabolism, transport, photosynthesis, etc. Nutrients essential for plants are obtained from the soil, air, sunlight, and as a whole from the earth; thus, the nutrients can be recycled and renewed, making it easily available for sustenance of life.







2. Gymkhana organized Dental Check-Up Programme on 3rd March, 2022 at 11:00 am to 1:00 pm in Gymkhana. The program commenced with Buddha Vandana followed by a Welcome speech by Prof.P.P. Patil, he welcomed PES Chairman Dr. Bhalchandra Mungekar, Deputy Chairman, Adv. Ashokji Talwatkar, Dr. Purva Venegavkar and her team. I/c Principal Dr. Jeyashree G. Iyer, Vice Principal Prof.D. A. Gawai, Prof. P. P. Patil by offering flowers. This programme was organized in collaboration with Dr. Bhalchandra Mungekar foundation and Manav Welfare Trust.

In this camp total 52 dental check-ups were done. All the teaching staff of Sr. and Jr.college and non-teaching staff were also participated in this event.



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Dental Check-Up Programme on 3rd March, 2022



Gymkhana organized Alumni Association Meeting on 11th December, 2021 at 5:00 pm to 7:00 pm in Gymkhana.

35 ex-students were participated in the meeting. They were discussed how to improved sports activities in future.



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TEAM ACHIEVEMENT'S- (2021-22)

1. KABADDI: (Boys Team)

Degree College Kabaddi team secured second place in Inter-Collegiate Kabaddi Tournament organized by Shri. Narayan Guru College Chembur, Mumbai held on 6th March, 2022.



2. One player participated in Selection Trails for West Zone kabaddi tournament







3. KABADDI: (Girls Team)

Girls' team secured first place in Kabbadi tournament organized by Shree. Narayan Guru College, Chembur, Mumbai.

One player participated for the Mumbai Shahar Team Association National Kabaddi Tournament for the year 2021-2022.





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4. <u>KHO-KHO</u>:- (Boys Team)

14 players participated in the Selection Trails for West Zone Kho –Kho Tournaments for the year 2021-2022.organized by the University of Mumbai in collaboration with Dr. Ambedkar College, Wadala Mumbai, dated 24th to 30th Feb, 2022.



Degree College Kho-Kho team secured first place in Inter-collegiate Kho-Kho Tournament organized by Shree. Narayan Guru College, Chembur Mumbai held on 06th March, 2022.







Three players were selected for the Mumbai University team. These players were also selected for West zone & All India Kho- Kho Tournament for the year 2021-2022, dated 10th to 13th March & 27th to 30th March at Dr. Harisingh Gour Vishwavidyalaya sagar University (MP),& Central University of Himachal Pradesh Dharamshala,(HP) respectively.



5. CRICKET:

04 players namely Sachin Yashavante, Harhshal Jadhav, Shreyas Jadhav, Vaishnav Narvekar participated in the selection trails for West Zone Cricket Tournaments for the year 2021-2022 at Marin Lines, these players also reached 2nd stage in the Sr. college University Cricket Red Bull Tournament.

6. KUSHTI :

Rohit Chorge participated in Selection Trails for West Zone Cricket Tournaments for the year 2021-2022, at C.K.T.College, Panvel. He was secured 2nd Rank in 61 kgs weight category in top 20 students

7. GYMNASTIC

Our college gymnastic player participated in Selected for the Mumbai University Team players were selected for All India Gymnastic Tournament for the year 2021-2022. dated 29th to 31st March at Gurunanak dev University Amritsar.



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INDIVIDUAL ACHIVEMENT OF STUDENTS

- Akash Kadam- Represented in Mumbai University Kho Kho Team and participated at West zone & All India Kho- Kho Tournament, dated 10th to 13th March & 27th to 30th March at Dr. Harisingh Gour Vishwavidyalaya sagar University (MP), & Central University of Himachal Pradesh Dharamshala,(HP) respectively.
- Aditya Kamble Represented in Mumbai University Kho Kho Team and participated at West zone & All India Kho- Kho Tournament, dated 10th to 13th March & 27th to 30th March at Dr. Harisingh Gour Vishwavidyalaya Sagar University (MP), & Central University of Himachal Pradesh Dharamshala,(HP) respectively.
- Suraj Patil Represented in Mumbai University Kho Kho Team and participated at West zone & AllIndia Kho- Kho Tournament, dated 10th to 13th March & 27th to 30th March at Dr. Harisingh Gour Vishwavidyalaya Sagar University (MP), & Central University of Himachal Pradesh Dharamshala, (HP) respectively.
- Akash Duwali Represented the Mumbai University Gymnastic Team and participated at All India GymnasticTournament, dated 29th to 31st March at Gurunanak Dev University Amritsar.
- Harshal Jadhav –Harshal took part in Selection Trails in Mumbai Cricket Association under 25 Team in Mumbai AssociationTournament. He also played in A Division of Times Shield under BPCL.
- 6. Our Three Kho Kho & Gymnastic College Players were selected in University & National level team at Dr. Harisingh Gour Vishwavidyalaya sagar University (MP), &





Central University of Himachal Pradesh Dharamshala,(HP) & dated 29th to 31st March at Gurunanak dev University Amritsar.

Evidence of Success :

Attendance, Certificates.

Association of Indian Universities AND HOUSE 16 COMRADE INDRAJIT GUPTA MARG (KOTLA MARG), NEW DELHI 118002 CERTIFICATE OF MERIT 19915 AA Mother's Name POCITR was a member of the Munchai University. Hung - Hung (MARA) Team which was Winner in the All India Inter-University. the take Curey Termasiant Tournament held at . CASTER, Disconcessed and from . 271 [98] 2021 to . 20102 [2021. Tai Las 23537 2-3ary General Organising Secretary Date 22 10 21 22-Association of Indian Universities AU HOUSE. 16 COMRADE INDRAJIT GUPTA MARG (KOTLA MARG), NEW DELHI 110002 **CERTIFICATE OF MERIT** AA 19914 This is to certify that KAMPLE ADITYA Mother's Name AMISHA was a member of the Munchas University the the (men) which was Winner in the All India Inter-University. Hue -Hue Tener) Tourmount Tournament held at CUTP, Duou and Challer. from 27 (22). to 20/02 /2022 1200 Hal 2517200 Dr. Balin Singh Sekhon oint Secretary (YA & Spon sociation of Indian Universit Secretary General Organising Secretary Date 22/08/22



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Dr. Mohan N. Amrule Director, Sports & Physical Edun. Email Id.: sports.mudept@gmail.com Website : www.mu.ac.in



University Sports Pavilion, Marine Lines, Mumbai – 400 020, Ph. No. – 022-2282 6027 / 2281 7698

UNIVERSITY BOARD OF SPORT & PHYSICAL EDUCATION

No.Sp./08/ 2022

Date: 20/06/2022

CIRCULAR:-

To, The Principals & Head of affiliated Colleges/Institutions to University of Mumbai.

> Sub: Field Selection Trials for West Zone Inter-University Cricket (Men) Tournament for the year 2021-22.

Dear Sir/Madam,

The Principals of colleges are hereby informed that the above cited subject the eligibility documents verification held at University Sports Pavilion, Marine Lines, Mumbai – 400 020 on 7th January and 20th June, 2022 at 11.00 am onwards and 3.00 p.m. onwards respectively.

The Eligible students/players participating of Selection trials for West Zone Inter-University Cricket (Men) Tournament 2021-22 will be as follows.

Name of Selection Trials :- Cricket (Men) Date of Selection Trials :- 21st June, 2022 Reporting Time :- 11.00 am to 5.00 pm st Venue of Selection Trials :- Pushpanjali Ground, Chandawarkar Road, Borivali West, Mumbai.

Therefore, you are requested to advice the Eligible Students of your college (copy of eligible players list enclosed) to report with your College Sports Director/Incharge/Representative of your college at the above mention venue on <u>Tuesday</u>-21st June, 2022 at 11.00 am to 5.00 pm along with college Identity card and sports kit.

The Principals of colleges are requested to bring the contents of this circular to the notice of the competitors concern from their respective for your information.

Sports & Physical Education



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UNIVERSITY OF MUMBAI

Tel. 2281 7698 2282 6027



University Sports Pavilion, Marine Lines, Mumbai–20.

Dt. 27-12-2022

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University Kho-Kho (men) team selected for West Zone Inter-University Kho-Kho (men) Tournament 2022-23 to be organized by Govind Guru Tribal Unviersity, Banswara (Raj.) from 04th to 7th January, 2023. The selected players names are as follows;

Sr. No.	Players Name – College Name	Sr. No.	Players Name - College Name
1	Prathamesh Durgavale – Dr. Ambedkar C.&E.	9	Vijay Bhoir – Viva
2	Dhiraj Bhave – Kirti	10	Akash Togare – S.S.T.
3	Aayush Gurav - Dr. Ambedkar C.&E.	11	Jitesh Mhaskar – S.S.T.
4	Shubham Shigvan - Dr. Ambedkar C.&E.	12	Rohit Rambade - A.C.S. College, Lanja
5	Vishvajeet Kamble - Dr. Ambedkar C.&E.	13	Arjun Anivase – Kirti
6	Sidhdesh Thorat – Kirti	14	Karan Garole – B. Vartak
7	Omkar Sonawane - Rizvi A.S.C.	15	Sanket Jadhav - S. S. T.
8	Shubham Utekar - Dept. of Phy.Edun.		

ir.	Players Name – College Name	Sr. No.	Players Name – College Name
1	Nurshad Shaikh – S. S. T.	3	Yash Bhoir – S. S. T.
2	Anant Satale - S. S. T.	4	Sarthak Jungare - C. K. T. A.C.S.

Sd/-(Dt.27.12.2022) Director, Sports & Physical Education



Principal Dr. Ambedka, Opliege of Commerce & Economics Wadste, Mustiple - 400 031.

Problems encountered and resources required

In the pandemic year from June 2021 to October 2021, it was difficult to conduct sports activities in the college campus. As per the university guidelines, the college started in offline mode, which opened opportunities for the students to participate in large number.



Principal Pnr cipal

Dr Ambedkar College of Commerce and Economics Wadata, Mun b i - 400 031