

**REPORT**  
**COLLEGE GYMKHANA ACTIVITY**  
**2018-19**

**Introduction:**

Games and exercises are an important means of recreation which enable students to refresh and regain the lost energy and develop good health. To bring out the sport talent in Students and to inculcate the spirit of sportsmanship, the college organizes variety of Indoor and Our-door games like, T.T, Chess, Carrom , Football, Volleyball and athletic event for Junior and Senior College.

The Students showing the bright records in sports are encouraged and guided to participate in various events and tournaments at inter – collegiate, inter- university, national level. The College is also looking to work out for having a better playground and well equipped Gymnasium in near future.

Objectives:

- To create interest in sports and Games
- To high light of importance of Good health
- To create an ambience conducive to the pursuit of sports, Games and health
- To foster physical, mental and intellectual Development of students
- To imbibe sportsman sprit among the players.
- To develop the leadership quality and competitive spirit among students.
- To encourage participation of player in various tournaments at Dist/State/University/National/International level
- To provide excellence in sports and provide recognition to those who excel, in particular sport.

We are privileged that our beloved Principal Dr. S.R. Kamble is the Chairman of Kho-Kho tournament committee of University of Mumbai for the year 2018-19. The selection trial for all sports events during the year 2018-19 started from the month of July 2018-19. The Gymkhana Committee appoints coaches for special coaching of sports like Football, Cricket, Kho-Kho and Kabaddi for boys and girls students, separately

## **INFRASTRUCTURE AND FACILITY**

- 1) Our college has very good Gymnasium, for boys and girls student's separately.
- 2) There is good sport complex, where inter collegiate zonal and inter zonal Tournament for Kho - Kho, Kabaddi, volleyball and other tournament with the collaboration of Mumbai University are Played.

2018-19

## TEAM ACHIEVEMENT

### 1) KABADDI:

#### **(Boys Team)**

- Boys team reached to Quarter Final in the inter collegiate zonal level tournament, organized by University of Mumbai, held at 3<sup>rd</sup> Oct, 2018. at M.D. College of Arts & Com, Parel, Mumbai.
- Played Finals of Inter - Collegiate Tournaments organized by R.A.Poddar College, and awarded Runners - Up Trophy
- Played at Semi finals Stage in the Inter-collegiate Tournaments organized by M.D. College and Kirti College at their respected grounds.

#### **Kabbadi : ( Girls Team )**

- Girls team reached to the Semi final in the Inter Collegiate Kabbadi tournament organized by Mumbai University held on 3<sup>rd</sup> Oct, 2018. at Mahatma Phule Arts, Science & Com. College post box no. 124 Panvel Tal. Panvel Dist. Raigad
- Achived Runner Up Position in the Inter-collegiate Tournaments organized by Kirti College, Mumbai.

### 2) KHO-KHO:- ( Boys Team )

- Degree College Kho-Kho team secured first place in Inter-collegiate zonal Kho-Kho Tournament organized by University of Mumbai held on 30<sup>th</sup> Nov 2018, Played at Dr. Ambedkar College, Wadala Mumbai.
- Secured Third place at Inter-collegiate Inter-zonal Tournament at Rajiv Gandhi College, Vashi played on 13th, 14th & 15th Nov, 2018.
- Kho-Kho, team won the M. N. Varma Silver Trophy declared Runner - Up in the Tournament organized by Maharshi Dayanand College ground, Parel. Played on 07th & 8<sup>th</sup> Dec 2018.





### **3) FOOTBALL: ( Boys Team )**

College football team reached to third round in the Inter collegiate football tournament organized by University of Mumbai, held on 24/09/2018 at University Sports Complex Marin Line.

### **4) CRICKET:**

College Cricket team reached up to 4th round in the Inter – Collegiate Tournament held in 8th March, 2018.

### **5) VOLLEYBALL**

College Volleyball team participated in the Inter – collegiate Tournament held between 08<sup>th</sup> Dec, 2018 at G. N. Khalsa College of A/S/C N.M.Parekh Road, Opp. Don Bosco High School, Matunga, Mumbai – 400 019.

### **6) OTHER EVENTS :**

College team also participated in Inter collegiate tournaments organized by University of Mumbai in the events as under.

- Cross Country (Boys) held on 26th September, 2018 at D. B. J. College, S. K. Patil Nagar, Chiplun – 415 605, Dist.:-Ratnagiri
- TABLE TENNIS (Boys) held at University Stadium in Dec, 2018.
- BADMINTON (Boys) held at University Stadium Marine Lines in Oct,2018
- Half Marathon (Boys) held on, 8th September, 2018 at at Vasant Naik College of Arts & Commerce, Bakuli Naka, At & Post Murud Janjira, Dist. Raigad – 402 401.

## INDIVIDUAL ACHIVEMENT

### 1) Sagar Ghag (S.Y.B.Com )



Represented in Mumbai University Kho - Khol Team and participated at West Zone & All India Kho – Kho Tournament held from 21st to 24 & 26th to 28 Dec 2018 respectively at Dr. Ambedkar College of Comm. & Economics, Tilak Road Extension, Opp. BEST Bus Depot, Wadala (West), Mumbai – 400 031.

### 2) Jayesh Gawade (S.Y.B.Com )



Represented in Mumbai University Kho - Khol Team and participated at West Zone & All India Kho – Kho Tournament held from 21st to 24 & 26th to 28 Dec 2018 respectively at Dr. Ambedkar College of Comm. & Economics, Tilak Road Extension, Opp. BEST Bus Depot, Wadala (West), Mumbai – 400 031.

### 3) Sanket Sawant (T.Y.B.Com )



Represented in Mumbai University Kho - Khol Team and participated at West Zone & All India Kho – Kho Tournament held from 21st to 24 & 26th to 28 Dec 2018 respectively at Dr. Ambedkar College of Comm. & Economics, Tilak Road Extension, Opp. BEST Bus Depot, Wadala (West), Mumbai – 400 031

#### 4) Nilam Ghodake: (S.Y.B.Com)



Achieved first place (Gold Medal) in Carrom inter collegiate tournament, University of Mumbai, held at Anna Leela College of Commerce & Economics, Kurla (East), Mumbai - 400 070. She also won the Double Tournament playing with her partner Miss. Jagruti Tawade.

### **SPECIAL ACHIEVEMENT**

- 1) **Miss. Nilam Ghodake:** has been conferred with **National Player (Carrom)** Achieved first place in Maharashtra State Ranking Carrom Tournament 2018. Organised by Utkarsha Sports Academy & Carrom Association of Pune Under aegis of Maharashtra Carrom Association.



- 2) **The College organised the West Zone & All India Inter University Kho –Kho Tournament at our College Three College Players were Selected in University & National Level Team at Mumbai, Maharashtra.**



**Sagar Ghag**



**Sanket Sawant**



**Jayesh Gawade**

# JUNIOR COLLEGE

## TEAM ACHIVEMENT

### 1) KHO-KHO (BOYS):

- a) Secured 'Runners up' in Inter-collegiate Kho-Kho Tournament at District Level Tournament held at DSO Rajiv Gandhi Krida Sankul Dharavi, from 25th to 30th Sept.18
- b) Secured 'Runners-up' in Inter-collegiate Kho-Kho Tournament org. by M.D. College from 13th to 14th Dec, 2018. at Parel
- c) 'Winner' Trophy in Inter-collegiate Kho-Kho Tournament org by Junior Colleges Sports Association of Mumbai held from 13 Dec, 2018 at Dr. Ambedkar College Wadala.

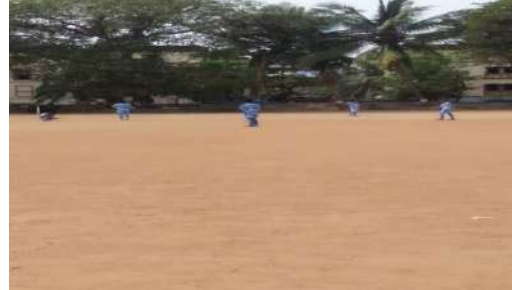


### 2) KABADDI (BOYS):

- a) Runners-up in Inter-collegiate Kabaddi Tournament org. by D.S.O. Mumbai City District held in 06th to 09th Sept, 2018 at Dharavi Mumbai.
- b) 'Winners' in Inter-collegiate Kabaddi Tournament org by Junior Colleges Sports Assn. of Mumbai held in 14th Dec, 2018 at Dr. Ambedkar College
- c) Reached up to Semifinal Level, Inter-collegiate Kabaddi Tournament organised by M D College, Parel from 5th to 9th Dec.2018.

### **3) FOOTBALL (BOYS):**

Reached up to fourth Round in Inter-collegiate Tournament organized by DSO and JCSA of Mumbai held in 7<sup>th</sup> Oct 2018Held at Police Ground Naigaon.



### **4) CRICKET (BOYS):**

- Reached up to Third Round in Inter-collegiate Cricket Tournament organized by DSO in Dec, 2018.
- Reached to Quarter Final in the Jr. College Sports Association Cricket Tou, Played at Shivaji Park Gymkhana, Dadar.

### **5) VOLLEBALL (BOYS):**

Reached up to Third Round in Inter-collegiate Volleyball Tournament organized by DSO in Dec, 2018

### **6) KABADDI (GIRLS):**

- a) Secured Runners-up in Inter-collegiate Kabaddi Tournament org. by D.S.O. Mumbai City District held in 06th to 09th Sept, 2018 at Dharavi Mumbai.
- b) Secured Runners-up place in Inter-collegiate Kabaddi Tournament org by Junior Colleges Sports Assn. of Mumbai held in 14th Dec, 2018 at Dr. Ambedkar College
- c) Reached up 'Runner-up' Level Inter-collegiate Kabaddi Tournament org by Kirti College, in 5th to 9th Dec.2018

### **7) OTHER EVENTS:**

Students participated others game in Inter-collegiate Chess, Table Tennis, Badminton, Swimming & Athletic competition



## **INDIVIDUAL ACHIVEMENT**

### **1) Aayush Vivekanand Gurav (SYJC) (KHO -KHO)**

a) Selected for in Inter-collegiate KHO -KHO Team and participated at State Level Tournament.



### **2) Samyak Mahendra Jadhav (FYJC) (KHO -KHO)**

a) Selected for in Inter-collegiate KHO -KHO Team and participated at State Level Tournament.



### **1) Sanket Subhash Mane (SYJC) (Kabaddi)**

a) Selected for in Inter-collegiate Kabaddi Team and participated at State Level Tournament.



### **2) Siddhesh Ashok Tandlekar (SYJC) (Kabaddi)**

a) Selected for in Inter-collegiate Kabaddi Team and participated at State Level Tournament.



P.P. Patil  
(Sports Director)

Prof. Z.Y. Khan  
(Chairman, Gymkhana)

**REPORT**  
**COLLEGE GYMKHANA ACTIVITY**  
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## **INFRASTRUCTURE AND FACILITY**

- 1) Our college has very good Gymnasium, for boys and girls student's separately.
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# **TEAM ACHIEVEMENT**

2019-20

## **1) KABADDI:**

### **(Boys Team)**

- Boys team reached to Semi Final in the Inter collegiate zonal level tournament, organized by University of Mumbai, held at 12<sup>th</sup> Oct, 2019. at Chetna College of Commerce & Economics Bandra (E).
- Played Quarter Finals of Inter - Collegiate Tournaments organized by P.D.Lion “Dalmia” College.
- Played at Semi finals Stage in the Inter-collegiate Tournaments organized by M.D. College and Kirti College at their respected grounds.



### **Kabbadi : ( Girls Team )**

- Girls team Inter Collegiate Kabbadi tournament organized by Mumbai University held on 12<sup>th</sup> Oct, 2019. Chetna College of Commerce & Economics Bandra (E)
- Achieved Runner Up Position in the Inter-collegiate Tournaments organized by Kirti College, Mumbai.

## **2) KHO-KHO:- ( Boys Team )**

- Degree College Kho-Kho team secured first place in Inter-collegiate zonal Kho-Kho Tournament organized by University of Mumbai held on 22<sup>nd</sup> n 23<sup>rd</sup> Nov 2019, Played at Dr. Ambedkar College, Wadala Mumbai.
- Kho-Kho, team won the M. N. Varma Silver Trophy declared Winner in the Tournament organized by Maharshi Dayanand College ground, Parel. Played on 05<sup>th</sup> & 7<sup>th</sup> Dec 2019.



- Secured Runner Up place at Inter-collegiate Inter-zonal Tournament at Kirti College, Dadar played on 23<sup>rd</sup> , 24<sup>th</sup> & 25<sup>th</sup> Dec, 2019.



### 3) FOOTBALL: ( Boys Team )

College football team reached to third round in the Inter collegiate football Tournament organized by University of Mumbai, held on 15/12/2019

#### **4) CRICKET:**

College Cricket team played at Semi finals Stage in the Inter-collegiate Tournaments Tournament held in 26/12/2019

#### **5) VOLLEYBALL**

College Volleyball team Quarter Final in the Inter – collegiate Tournament held between 20<sup>th</sup> Nov. 2019 at Bhavans College Andheri.

#### **6) OTHER EVENTS :**

College team also participated in Inter collegiate tournaments organized by University of Mumbai in the events as under.

- Cross Country (Boys) held on 29th Aug, 2019 at Arts, Commerce & Science College, Lanja, Zapde kante road, at. Post Lanja, Tal. Lanja, Dist Ratnagiri. 6<sup>th</sup> place at Inter-collegiate Cross Country Tournament



- TABLE TENNIS (Boys) held at University Stadium in Dec, 2019.
- BADMINTON (Boys) held at University Stadium Marine Lines in Oct,2019
- Half Marathon (Boys) held on, 8th September, 2019 at at K.M.C.College, at & post Khopoli, Tal Khalapur Dist. Raigad – 410 203.

### **INDIVIDUAL ACHIVEMENT**

- 1) Jayesh Gawade (S.Y.B.Com )



Represented in Mumbai University Kho - Kho Team and participated at West Zone & All India Kho – Kho Tournament held from 02/12/2019 to 05/12/2019 & 26/12/2020 to 30/12/2020 respectively at Swami Ramanand Teerth Marathwada University, Nanded from 02nd to 05th December, 2019.& Participated at Khelo India member of Maharashtra Team, Manipur.

2) Haresh More (T.Y.B.Com )



Represented in Mumbai University Kho - Kho Team and participated at West Zone & All India Kho – Kho Tournament held from 02/12/2019 to 05/12/2019 & 26/12/2020 to 30/12/2020 respectively at Swami Ramanand Teerth Marathwada University, Nanded from 02nd to 05th December, 2019.&

3) Akash Kadam (F.Y.B.Com )



Represented in Mumbai University Kho - Kho Team and participated at West Zone & All India Kho – Kho Tournament held from 02/12/2019 to 05/12/2019 & 26/12/2020 to 30/12/2020 respectively at Swami Ramanand Teerth Marathwada University, Nanded from 02nd to 05th December, 2019.&

3) Aditya Kamble (F.Y.B.Com )



Represented in Mumbai University Kho - Kho Team and participated at 23<sup>rd</sup> Maharashtra State Inter University Sports Meet “ Krida Mahostva - 19“Punyashlok Ahilyabaidevi Holkar Solapur University, Solapur from 26<sup>th</sup> December 2019 to 30<sup>th</sup> December 2019

Our Four College Players were selected in University & National level team at Nanded & Solapur respectively, Maharashtra



**Jayesh Gawade**



**Haresh More**



**Akash Kadam**



**Aditya Kamble**



# **JUNIOR COLLEGE**

## **TEAM ACHIVEMENT**

### **1) KHO-KHO (BOYS):**

- a) Secured 'Runners up' in Inter-collegiate Kho-Kho Tournament at District Level Tournament held at DSO Vaibhav Sports Club Dadar, from 04/10/2019 to 05/10/2019
- b) Secured 'Winner' in Inter-collegiate Kho-Kho Tournament org. by M.D. College from 13th to 14th Dec, 2019. at Parel
- c) 'Winner' Trophy in Inter-collegiate Kho-Kho Tournament org by Junior Colleges Sports Association of Mumbai held from 18 Nov, 2019 at Dr. Ambedkar College Wadala.



### **2) KABADDI (BOYS):**

- a) Runners-up in Inter-collegiate Kabaddi Tournament org. by D.S.O. Mumbai City  
District held in 06th to 09th Sept, 2019 at Dharavi Mumbai.
- b) Runners up in Inter-collegiate Kabaddi Tournament org by Junior Colleges Sports Assn. of Mumbai held in 14th Dec, 2019 at N.G.Acharya College
- c) Reached up to Semifinal Level, Inter-collegiate Kabaddi Tournament organised by M D College, Parel from 15<sup>th</sup> Dec.2019.



### **3) FOOTBALL (BOYS):**

Reached up to fourth Round in Inter-collegiate Tournament organized by DSO and JCSA of Mumbai held in 22<sup>nd</sup> sept, 2019 held at Police Ground Naigaon.

### **4) CRICKET (BOYS):**

- Reached up to Third Round in Inter-collegiate Cricket Tournament organized by DSO in Dec, 2019.
- Reached to Quarter Final in the Jr. College Sports Association Cricket Tou, Played at Matunga

### **5) VOLLEBALL (BOYS):**

Reached up to Third Round in Inter-collegiate Volleyball Tournament Organized by DSO in Dec, 2019

### **6) KABADDI (GIRLS):**

- a) Secured Third Place in Inter-collegiate Kabaddi Tournament org. by D.S.O. Mumbai City District held in 06th to 09th Sept, 2019 at Dharavi Mumbai.
- b) Secured Runners-up place in Inter-collegiate Kabaddi Tournament org by Junior Colleges Sports Assn. of Mumbai held in 14th Dec, 2019 at N.G.Acharya College, Chembur

c) Reached up 'Runner-up' Level Inter-collegiate Kabaddi Tournament org by Kirti College, in 5th to 9th Dec.2019



## **7) OTHER EVENTS:**

Students participated others game in Inter-collegiate Chess, Table Tennis, Badminton, Swimming & Athletic competition

## **INDIVIDUAL ACHIVEMENT**

### **1) Dyanesh Govare (SYJC) (KHO -KHO)**

Selected for for Mumbai District Kho – Kho Team



### **2) Prathamesh Durgawale (SYJC) (KHO -KHO)**

Represented Mumbai Kho-Kho Under 19 Team In State Tournament



### **3) Aniket Londe (FYJC) (KHO -KHO)**

a) Selected for for Mumbai District Kho – Kho Team



### **4) Abhishek Jadhav (SYJC) (Kabaddi)**

Selected for for Mumbai District Kabaddi Team



**5) Santosh Thakur (SYJC) (Kabaddi)**

Selected for for Mumbai District Kabaddi Team



**6) Deep Bordvekar (SYJC) (Kabaddi)**

Selected for for Mumbai District Kabaddi Team



**7) Ankit Mohite (SYJC) (Carrom)**

Represented Maharashtra state in National Carrom Tournament



**8) Smit Jadhav (SYJC) (Carrom)**

Represented Maharashtra state in National Carrom Tournament



**9) Tupti Gaware (SYJC) (Kick Boxing)**

Selected for Mumbai District Kick Boxing Team Winner of Silver Medal



**10) Akash Duwali (FYJC) (Gymnastic)**

Represented Maharashtra In Gymnastic Under 19 Team In State Tournament



**11) Harshal Jadhav (SYJC) (Cricket)**

Represented Maharashtra in Cricket under 19 Team in State Tournament.



## SPECIAL ACHIEVEMENT

- **Mr. P.P.Patil ( Vice- Principal )**



**Mr. P.P.Patil** has been felicitated by “Avishkar foundation of India as a “**NATIONAL BEST TEACHER AWARD** “held at **Salar Jung Museum, Hyderabad** Telangana State on the occasion of World Teacher Day with the hands of Hon.Dy. Chief Minister Mohd. Mehmood Ali

P.P. Patil  
(Sports Director)

Prof. S.P.Borshe  
(Chairman, Gymkhana)

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**INFRASTRUCTURE AND FACILITY**

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- 2) There is good sport complex, where inter collegiate zonal and inter zonal Tournament for Kho - Kho, Kabaddi, volleyball and other tournament with the collaboration of Mumbai University are Played.



# **TEAM ACHIEVEMENT**

2020-21

## **1) KABADDI: (Boys Team)**

Not Conducted Events this year Postponed by Due to Pandemic

- **KABADDI: (Girls Team)**

Not Conducted Events this year Postponed by Due to Pandemic

## **2) KHO-KHO: (Boys Team)**

Not Conducted Events this year Postponed by Due to Pandemic

## **3) FOOTBALL: (Boys Team )**

Not Conducted Events this year Postponed by Due to Pandemic

## **4) CRICKET:**

- Reached to Red Bull Tournament 2<sup>nd</sup> stage in the Sr. College University Cricket Tournament

## **5) VOLLEYBALL**

## **6) OTHER EVENTS:**

College team also participated in Inter collegiate tournaments organized by University of Mumbai in the events as under.

- **Cross Country (Boys):**

Not Conducted Events this year Postponed by Due to Pandemic

- **TABLE TENNIS (Boys):**

Not Conducted Events this year Postponed by Due to Pandemic

- **BADMINTON (Boys):**

Not Conducted Events this year Postponed by Due to Pandemic

- **Half Marathon (Boys):**

Not Conducted Events this year Postponed by Due to Pandemic

## **INDIVIDUAL SPECIAL ACHIVEMENT**

1) Shubham Chaudhary (S.Y.B.B.I)



Shubham Chaudhary our Senior College Kho – Kho Player Represented in Indian Army Training at Maratha Light Infantry Regimental Center Dated 05/12/2019.

## **JUNIOR COLLEGE TEAM ACHIVEMENT**

### **1) KHO-KHO (BOYS):**

Not Conducted Events this year Postponed by Due to Pandemic

### **2) KABADDI (BOYS):**

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### **3) FOOTBALL (BOYS):**

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## **INDIVIDUAL ACHIVEMENT**

### **1) Akash Duwali (SYJC) (Gymnastic)**



Akash Duwali Represented Maharashtra in Gymnastic Under 19 Team in State Tournament

Selection for Khelo India National Championship at Jammu Gymnastic Under 19 Team 2020-21.

Nov

## **EXTRA ONLINE ACTIVITIES**

1. Online Live workshop on Sports Career on 8<sup>th</sup> Nov,2020 with Mr. U. N. Kendre will guide the students on Sports Career during lockdown. He encouraged the Students to join the sports, but at same time give 100% to the activities you are opting as a career in life. Vice-Principal & 115 students will attend the lecture.
2. Total 98 Students have attended along with Vice-Principal the online Sports Campaign organized by Gymkhana Department.
3. We received proper response from the students for the Sports quiz org. by the Gymkhana Department.

Mr. P.P. Patil  
(Sports Director)

Prof. S.P. Borshe  
(Chairman, Gymkhana)



**PEOPLE'S EDUCATION SOCIETY'S  
DR. AMBEDKAR COLLEGE OF COMMERCE & ECONOMICS. WADALA. MUMBAI-400031**

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2. There is good sport complex, where inter collegiate zonal and inter zonal Tournament for Kho - Kho, Kabaddi, volleyball and other tournament with the collaboration of Mumbai University are Played.

# TEAM ACHIEVEMENT'S

2021-22

## 1) KABADDI: (Boys Team)

- Degree College Kabaddi team secured Second place in Inter-collegiate Kabaddi Tournament organized by Shri. Narayan Guru College Chembur, Mumbai held on 6<sup>th</sup> March, 2022.



- One player participating in Selection Trails for West Zone Kabaddi Tournaments for the



## 2) KABBADI: ( Girls Team )

- Girls' team secured first place in Kabbadi tournament organized by Shree. Narayan Guru College, Chembur, Mumbai.
- One player participating in Selected for the Mumbai Shahar Team Association National Kabaddi Tournament for the year 2021-2022.



## 3) KHO-KHO:- ( Boys Team )

- Our 14 player participating in selection trails for West Zone Kho –Kho Tournaments for the year 2021-2022. Organised by University of Mumbai in collaboration with Dr. Ambedkar College, Wadala Mumbai, dated 24<sup>th</sup> to 30<sup>th</sup> Feb, 2022.



- Three players were selected for the Mumbai University team. This players were also selected for West zone & All India Kho- Kho Tournament for the year 2021-2022. dated 10<sup>th</sup> to 13<sup>th</sup> March & 27<sup>th</sup> to 30<sup>th</sup> March at Dr. Harisingh Gour Vishwavidyalaya sagar University (MP),& Central University of Himachal Pradesh Dharamshala,(HP) respectively.



- Degree College Kho-Kho team secured first place in Inter-collegiate Kho-Kho Tournament organized by Shree. Narayan Guru College, Chembur Mumbai held on 06<sup>th</sup> March, 2022.



#### **4) FOOTBALL: (Boys Team)**

No Participated this year only District / Sate / National/International Players should participate only.

## 5) CRICKET:

- 04 players namely **Sachin Yashavante, Harhshal Jadhav, Shreyas Jadhav, Vaishnav Narvekar** were participated in selection trails for West Zone Cricket Tournaments for the year 2021-2022 at Marin Lines.
- Reached to Red Bull Tournament 2<sup>nd</sup> stage in the Sr. College University Cricket Tournament

## 6) VOLLEYBALL

No Participated this year only District / Sate / National/International Players should participate only.

## 7) KUSHTI :

- **Rohit Charge** participated in selection trails for West Zone Cricket Tournaments for the year 2021-2022, at C.K.T.College, Panvel. He was secured 2<sup>nd</sup> Rank in 61 kgs weight category in top 20 students

## 8) GYMNASTIC

- Our college gymnastic player participated in Selected for the Mumbai University Team players are selected for All India Gymnastic Tournament for the year 2021-2022. dated 29<sup>th</sup> to 31<sup>st</sup> March at Gurunanak dev University Amritsar



## INDIVIDUAL ACHIVEMENT

### 1) Akash Kadam



Represented in Mumbai University Kho - Kho Team and participated at West zone & All India Kho- Kho Tournament, dated 10<sup>th</sup> to 13<sup>th</sup> March & 27<sup>th</sup> to 30<sup>th</sup> March at Dr. Harisingh Gour Vishwavidyalaya sagar University (MP), & Central University of Himachal Pradesh Dharamshala,(HP) respectively



## 2) Aditya Kamble



Represented in Mumbai University Kho - Kho Team and participated at West zone & All India Kho- Kho Tournament, dated 10<sup>th</sup> to 13<sup>th</sup> March & 27<sup>th</sup> to 30<sup>th</sup> March at Dr. Harisingh Gour Vishwavidyalaya Sagar University (MP), & Central University of Himachal Pradesh Dharamshala,(HP) respectively

## 3) Suraj Patil



Represented in Mumbai University Kho - Kho Team and participated at West zone & All India Kho- Kho Tournament, dated 10<sup>th</sup> to 13<sup>th</sup> March & 27<sup>th</sup> to 30<sup>th</sup> March at Dr. Harisingh Gour Vishwavidyalaya Sagar University (MP), & Central University of Himachal Pradesh Dharamshala, (HP) respectively

## 4) Akash Duwali :



**Akash Dhuwali**

- Represented in Mumbai University Gymnastic Team and participated at All India Gymnastic Tournament, dated 29<sup>th</sup> to 31<sup>st</sup> March at Gurunanak Dev University Amritsar

## 5) Harshal Jadhav

- Selection Trails in Mumbai Cricket Association under 25 Team in Mumbai Association Tournament. He also played in A Division of Times Shield under BPCL.



- Our Three Kho Kho & Gymnastic College Players were selected in University & National level team at Dr. Harisingh Gour Vishwavidyalaya sagar University (MP), & Central University of Himachal Pradesh Dharamshala,(HP) & dated 29<sup>th</sup> to 31<sup>st</sup> March at Gurunanak dev University Amritsar



**Akash Kadam**



**Aditya Kamble**



**Suraj Patil**



**Akash Dhuwali**

## **JUNIOR COLLEGE**

### **TEAM ACHIVEMENT**

#### **1) KHO-KHO (BOYS):**

- a) Secured 'Winner' in Inter-collegiate Kho-Kho Tournament organised by Shri. Narayan Guru College held on 06<sup>th</sup> March, 2022.



Our Three College Players were selected in Association & National level team at Mumbai Shahr Team.

## 2) **KABADDI (BOYS):**



- Degree College Kabaddi team secured second place in Inter-collegiate Kabaddi Tournament organized by Shri. Narayan Guru College Chembur held on 6<sup>th</sup> March, 2022.



## 3) **FOOTBALL (BOYS):**

No Participated this year only District / Sate / National/International Players Should Be participated only.

#### 4) CRICKET (BOYS):

- Our college Junior college boys cricket team reached up to **third round** in Inter-collegiate Cricket Tournament organized by Mumbai Cricket Association (MCA).

#### 5) VOLLEBALL (BOYS):

No Participated this year only District / Sate / National/International Players Should Be participated only.

#### 6) KABADDI (GIRLS):

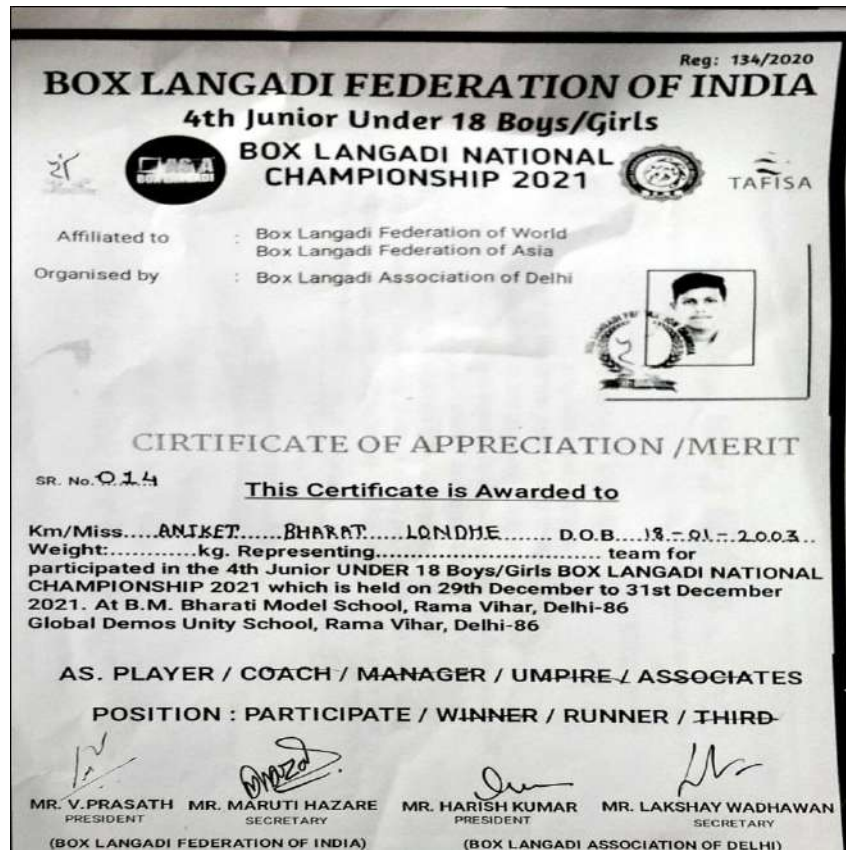
- Girls' team secured first place in Kabbadi tournament organized by Shree. Narayan Guru College held on 06<sup>th</sup> March, 2022. Shri. Narayan Guru College Chembur Mumbai.
- For the 2 player participating in Selected for the Mumbai Shahar Junior Team Association National Kabaddi Tournament for the year 2021-2022.



#### 7) OTHER EVENTS:

- Students participated others game in Inter-collegiate Chess, Table Tennis, Badminton, Swimming & Athletic competition
- Our College Students participant Langdi Tournament U/19





### INDIVIDUAL ACHIVEMENT

#### 1) Aniket Londe (Langadi )

Represent Asian Box Langadi Tournament Represented Indian Team for the year 2021-2022. At



## **NUTRITION PROGRAMME**

People's Education Society's, Dr. Ambedkar College of Commerce and Economics, Wadala, Mumbai – 400031. Gymkhana Department organized **Nutrition Programme** on 11<sup>th</sup> March, 2022 at 9:40 am to 10:40 am in Room No 02.

The program commenced with Buddha Vandana followed by a Welcome speech by Prof. Rohan S. Gaikwad, he welcomed PES Chairman Dr. Bhalchandra Mungekar, Deputy Chairman, Adv. Ashokji Talwatkar, Mr. Amogh Darekar, (Nutritionist) I/c Principal Dr. Jeyashree G. Iyer, Vice Principal Prof. D. A. Gawai, Prof. P. P. Patil by offering flowers.

Following the welcome speech, Prof. Rohan S. Gaikwad gave an introductory speech and introduced the speaker.

Following introductory speech, Mr. Amogh Darekar gave a speech on Nutrition. As the name suggests, 'nutrition' includes in itself 'nutrients' which can be broadly classified as carbohydrates, proteins, fats, vitamins, minerals, roughage, and water. A balanced amount of these nutrients in the right proportions constitute a healthy diet.

The words 'balanced' and 'right proportions' mentioned previously are key to life when it comes to consuming nutrients. 'Optimum Nutrition' is defined as eating the right amount of nutrients in a proper schedule to achieve the best performance and longest possible lifetime in good health. The importance of nutrition can be visibly highlighted by the increasing number of nutrient deficiency diseases such as night blindness, scurvy, cretinism, anemia, and nutrient excess health-threatening conditions like obesity, metabolic syndrome, and other cardiovascular anomalies.


Undernutrition in underdeveloped and developing countries has been marked by malnutrition due to lack of even the basic staple nutrients causing diseases like marasmus and kwashiorkor. Animal nutrition on the molecular level comes from nitrogen, carbon, and hydrogen compounds. Nutrients are the building blocks of the food chain, which interlink to form food webs and influence world food production via biodiversity.

Similarly, plant nutrition is referred to as the chemicals that are necessary for plant growth and other physiological processes in plants like metabolism, transport, photosynthesis, etc. Nutrients essential for plants are obtained from the soil, air, sunlight, and as a whole from the earth; thus, the nutrients can be recycled and renewed, making it easily available for sustenance of life.


Peoples Education Society's  
Dr. Ambedkar College of Commerce & Economics, Wadala, Mumbai-400031.

**Gymkhana Department  
Organise**

**Programme  
on Nutrition**




**Speaker**




**Mr. Amogh Darekar**


**Date-11th March, 2022  
Time- 9:40 am to 10:40 am.**



**Prof. D. A. Gawai**  
(Chairman - Gymkhana)



**Prof. P. P. Patil**  
(Sport Director)



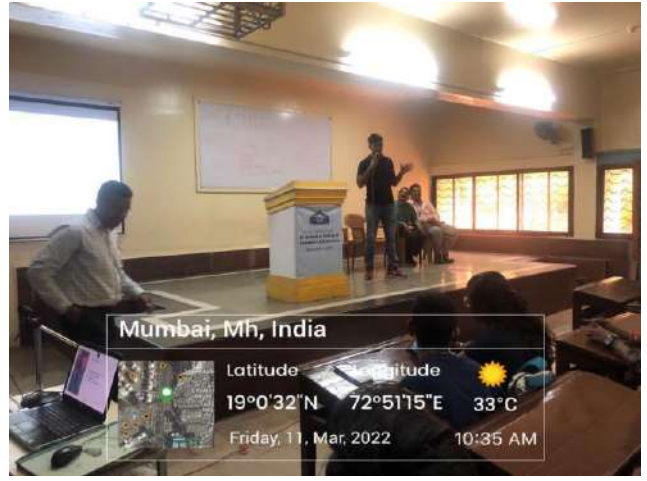
**Dr. Jeyashree G. Iyer**  
(I/C Principal)





Mumbai, Mh, India

Latitude	Longitude	Temperature
19°0'32"N	72°51'15"E	33°C
Friday, 11, Mar, 2022		10:36 AM



Mumbai, Mh, India

Latitude	Longitude	Temperature
19°0'32"N	72°51'15"E	33°C
Friday, 11, Mar, 2022		10:35 AM

## DENTAL CHECK-UP PROGRAMME

People's Education Society's, Dr. Ambedkar College of Commerce and Economics, Wadala, Mumbai – 400031. Gymkhana Department organized Dental Check-Up Programme on 3<sup>rd</sup> March, 2022 at 11:00 am to 1:00 pm in Gymkhana.

The program commenced with Buddha Vandana followed by a Welcome speech by Prof. P.P. Patil, he welcomed PES Chairman Dr. Bhalchandra Mungekar, Deputy Chairman, Adv. Ashokji Talwatkar, Dr. Purva Venegavkar and her team. I/c Principal Dr. Jeyashree G. Iyer, Vice Principal Prof. D. A. Gawai, Prof. P. P. Patil by offering flowers. This programmed was organized with collaboration **Bhalchandra Mungekar foundation and Manav Welfare Trust.**

In this camp total 52 dental check-ups were done. All the teaching staff of Sr. and Jr. college and non-teaching staff were also participated in this event.





## ALLUMINA ASSOCIATION MEETING

People's Education Society's, Dr. Ambedkar College of Commerce and Economics, Wadala, Mumbai – 400031. Gymkhana Department organized Allumina Association Meeting on 11<sup>th</sup> December, 2021 at 5:00 pm to 7:00 pm in Gymkhana.

35 ex-students were participated in the meeting. They were discussed how to improved sports activities in future.



Mr. P.P. Patil  
(Sports Director)

Prof. D.A.Gawai  
(Chairman, Gymkhana)



PEOPLE'S EDUCATION SOCIETY'S  
DR. AMBEDKAR COLLEGE OF COMMERCE & ECONOMICS, WADALA, MUMBAI-400031

## REPORT

# COLLEGE GYMKHANA ACTIVITY

2022-2023

### Introduction:

Games and exercises are an important means of recreation which enable students to refresh and regain the lost energy and develop good health. To bring out the sport talent in students and to inculcate the spirit of sportsmanship, the college has organized variety of indoor and out-door games like, Table Tennis, Chess, Carom , Football, Volleyball and athletic event for Junior and Senior College.

The students who showed the bright records in sports will be encouraged and guided to participate in various events and tournaments at inter-collegiate, inter-university, state and national level.

### Objectives:

- To create interest in sports and Games
- To highlight the importance of Good health
- To create an ambience conducive to the pursuit of sports, games and health
- To foster physical, mental and intellectual development of students
- To imbibe sportsman spirit among the students.
- To develop the leadership quality and competitive spirit among the students.
- To encourage students to participate in various tournaments at Dist./State/University/National/International level

We are privileged that our beloved I/c.Principal Dr. Jeyashree G. Iyer is the Chairman of Kho-Kho Tournament Committee of University of Mumbai for the year 2022-2023. The selection trial for all sports events during the year 2022-2023 started in the month of Aug 2022. The Gymkhana Committee appoints coaches for special coaching of sports like Football, Cricket, Kho-Kho and Kabaddi for boys and girls students, separately

### INFRASTRUCTURE AND FACILITY

1. Our college has very good Gymnasium, separately for boys and girls students.
2. There is good sport complex, where Inter collegiate zonal and Inter Zonal Tournament for Kho - Kho, Kabaddi, Volleyball, Boxing and other tournament with the collaboration of Mumbai University .

**MUMBAI UNIVERSITY ANNUAL GENERAL MEETING WAS HELD ON 21/07/2022**



# TEAM ACHIEVEMENT'S

2022-23

## 1) KABADDI: (Boys Team)

- Our degree college boys team secured second place in University of Mumbai, Mumbai city zone –1 inter –collegiate Kabaddi tournament org. by M.D.College, Parel held on 15<sup>th</sup> & 16 November, 2022.



- Degree College Kabaddi team secured Second place in “M.D. Karandak” Inter-collegiate Kabaddi Tournament organized by M.D.College, Parel held on 19<sup>th</sup> to 23<sup>rd</sup> November, 2022.



- Degree College Kabaddi team secured Second place in “M.D. Karandak” Mix Sr. Jr Inter-collegiate Kabaddi Tournament organized by M.D.College, Parel held on 19<sup>th</sup> to 23<sup>rd</sup> November, 2022.
- Degree College Kabaddi team secured Second place in “ Kirti Karandak “ Inter-collegiate Kabaddi Tournament organized by Kirti College, Dadar held on 21<sup>st</sup> to 22<sup>nd</sup> December,2022.



- Degree College Kabaddi team secured Second place in Inter-collegiate Kabaddi Tournament organized by Shri. Narayan Guru College Chembur, Mumbai held on 13<sup>th</sup> & 14 January, 2022.



- 05 (Five) players participated in Selection Trails for Mumbai City Zone -1 Tournament, 03 (Three) Players have been selected for Zonal Tournament & our college student Saurav Parte has been selected for Mumbai University West Zone & All India Kabaddi Tournaments for the year 2022 -23



Mr. Saurav Parte

- Mr. Sourav Parte has been selected for the Mumbai Suburban Association National Kabaddi Tournament for the year 2022-2023.





Kabaddi practice match were arranged on the occasion of National Sports Day i.e. on 29th August, 2022 at Don Bosco School, Wadala. Maharashtra State Sports Minister Mr. Girish Mahajan was the chief guest on the occasion.

## 2) KABBADI: (Girls Team)

- Girl's team qualified semi final in University of Mumbai, Mumbai city zone – 1 Inter – collegiate Kabaddi Tournament, org. by Dr. Ambedkar College held on 19<sup>th</sup> October, 2022.



- 02 (Two) players have been selected for the Mumbai Shahar Team Association National Kabaddi Tournament for the academic year 2022-2023.



03(Three) Girls have been selected for selection trial Zonal Kabaddi Tournament. 01 (One) player has been selected for the Mumbai Shahar city zone. 01 student represented zonal Kabaddi Tournament for the academic year 2022-2023.





- Two Girls from our college participated in the Mini Olympics, played from the Mumbai City Kabaddi Association Tournament for the year 2022-2023.



### 3) **KHO-KHO:- ( Boys Team )**

- Our degree college boys Kho –Kho team secured first place in University of Mumbai, Mumbai city zone – 1 inter –collegiate Kho - Kho tournament org. by Dr. Ambedkar College held on 21<sup>st</sup> November, 2022.



- 09 (Nine) students were selected from Mumbai city zone – 01, those 09 boys from Mumbai city zone -01 team played a match with 03 divisions and our Mumbai city zone – 01, where in 04 boys from our college got selected in University of Mumbai, West Zone & All India Kho- Kho Tournaments for the year 2022 -23



○ 04 (Four) students were selected for the Mumbai University team. These players were also selected for West Zone. Dated 04<sup>th</sup> to 07<sup>th</sup> January, 2022 at Govind Guru Tribal University, Banswara (Raj),



Mr. Shubham Shigvan    Mr. Vishwajeet Kamble    Mr. Prathamesh Durgawale    Mr. Aayush Gurav

□ A Total of Eight students from our college participated in the Mini Olympics, played from the Mumbai city & Mumbai Suburban Kho – Kho Association for the year 2022-2023.



- Degree College Kho –Kho team secured First place in “M.D. Karandak” Inter-collegiate Kho –Kho Tournament organized by M.D.College, Parel held on 19<sup>th</sup> to 23<sup>rd</sup> November, 2022.



- Degree College Kho –Kho team secured Second place in “M. D. Karandak” Mix Sr. & Jr Inter-collegiate Kho –Kho Tournament organized by M.D.College, Parel held on 19<sup>th</sup> to 23<sup>rd</sup> November, 2022.



- Degree College Kho –Kho team secured First place & Our 2<sup>nd</sup> B Team qualified semi final in “ Kirti Karandak “ Inter-collegiate Kho –Kho Tournament organized by Kirti College, Dadar, held on 21<sup>st</sup> to 22<sup>nd</sup> December,2022.



- Degree College Kho-Kho team secured first place in Inter-collegiate Kho-Kho Tournament organized by K.K.Menon College, Bhandup held on 03<sup>rd</sup> Feb, 2023.

○





#### **4.KHO-KHO:- ( Girls Team )**

- Girls' team qualified semi-final in University of Mumbai, Mumbai city zone – 1 Inter – collegiate Kho – Kho tournament org. by Dr. Ambedkar College held on 13<sup>th</sup> & 14<sup>th</sup> October, 2022.
- One player has been selected for the University of Mumbai, Mumbai City zone – 1 team.



#### **5) FOOTBALL: (Boys Team)**

- College football team reached to third round in University of Mumbai, Mumbai City Zone – 1 Inter –Collegiate Football Tournament org. by Dr. Ambedkar College held on 8th to 12th December, 2022.

#### **6) CRICKET:**

- Our degree college boys Cricket team secured first place in University of Mumbai, Mumbai city zone – 1 Inter –collegiate Cricket tournament org. by Dr. Ambedkar College, wadala at Shivaji Park Maidan, Dadar held on 6<sup>th</sup> to 20<sup>th</sup> January, 2023.



- After inter - collegiate tournament University of Mumbai, zonal tournament was conducted in which our college won first place org. by Dr. Ambedkar College, wadala at Shivaji Park Maidan, Dadar held on 23<sup>rd</sup> to 25<sup>th</sup> Jaunary,2023.



- 04 players namely **Harshal Jadhav, Sachin Yashwante, , Kautubh Chiklekar , Abhishekh Yadav** were participated in selection trails conducted by University of Mumbai Zonal Level Cricket Tournament & Selected for West Zone Cricket Tournaments for the year 2022-2023 at Pandit Deendayal Upadhyaya Shekhawati University, Sikar from 1st to 10th February, 2023.

## 7) VOLLEYBALL

College football team reached to the quarter final in University of Mumbai, Mumbai City Zone – 1 Inter –Collegiate Volleyball Tournament org. by Dr. Ambedkar College held on 9th November, 2022.

One player has been selected for the University of Mumbai, Mumbai City zone – 1 team

No Participated this year only District / Sate / National/International Players shouldparticipate Only.

## 8) KUSHTI :

- **Rohit Chorge & Kunal Chorge** participated in selection trails for Zonal Level Kusti Tournaments for the year 2022-2023, at B.N.N, College Bhiwandi. Rohit secured 2<sup>nd</sup> Rank in 61 kg. weight category & Kunal secured 1st rank in 74 kg. weight category.



- **Kunal chorge** secured 3rd place with bronze medal in 74kgs category in inter zonal competition



## 9) GYMNASTIC

- Our college gymnastic player participated and Selected for the Mumbai University Team and also selected for All India Gymnastic Tournament for the year 2022-2023. Dated 29<sup>th</sup> to 31<sup>st</sup> March at Gurunanak dev University Amritsar.



## 10) SWIMMING

- **Jatin D. Singh** participated in Mumbai City Zone - 1 Inter Collegiate Swimming Tournament. He participate 100mtr, 200 mtr , 400mtr & 1500mtr freestyle competition and secured 1<sup>st</sup> place in 1500mtr freestyle competition in the year 2022-2023, org. by Dr. Ambedkar College, Wadala, Competition Venue P.M.B Hindu swimming bath & boat club Trust, Gurugram Chowpathy, Charni Raod, Mumbai 400 007.



- **Jatin Singh** secured gold medal in 1500 freestyle category for inter zonal competition



## 11) OTHER EVENTS :

College team also participated in Inter collegiate tournaments organized by University of Mumbai, Mumbai City zone – 1 in the events as under.

- Mumbai City Zone – 1 Cross Country (Boys) Tournament held on 21<sup>st</sup> Aug, 2022 Organized by M.D. College, Parel. 2<sup>nd</sup> place at Inter-collegiate Cross Country Tournament



- **TABLE TENNIS (Boys)** 02 students were Participated this year only Mumbai city zone -1 Inter collegiate Tournament 2022 -23.
- **TABLE TENNIS (Girls)** 02 students were Participated this year only Mumbai city zone -1 Inter collegiate Tournament 2022 -23.
- **BADMINTON (Boys)** 02 students were Participated this year only Mumbai city zone -1 Inter collegiate Tournament 2022 -23.
- **BADMINTON (Girls)** 02 students were Participated this year only Mumbai city zone -1 Inter collegiate Tournament 2022 -23.
- **HALF MARATHON (Boys)** 06 students were Participated this year only Mumbai city zone -1 Inter collegiate Tournament 2022 -23.
- **CHESS (Boys):** 02 students were Participated this year only Mumbai city zone -1 Inter collegiate Tournament 2022 -23.
- **CHESS (Girls) participated** 02 students were this year only Mumbai city zone -1 Inter collegiate Tournament 2022 -23.

## INDIVIDUAL ACHIVEMENT

### 1) Shubham Shigvan



Represented in Inter – University Kho - Kho (men) Tournament 2022-2023 Team and participated at West zone Kho- Kho Tournament, at Govind Guru Tribal University, Banswara, and Rajasthan from 04<sup>th</sup> to 07<sup>th</sup> January, 2023. & also represented in Kho - Kho Federation of India (men) Tournament & Mini Olympics Tournament 2022-2023 also participated Mumbai Kho – Kho Association for the year 2022-23.

### 2) Vishwajeet Kamble



Represented in Inter – University Kho - Kho (men) Tournament 2022-2023 Team and participated at West zone Kho- Kho Tournament, at Govind Guru Tribal University,

Banswara, and Rajasthan from 04<sup>th</sup> to 07<sup>th</sup> January, 2023. & also represented in Kho - Kho Federation of India (men) Tournament & Mini Olympics Tournament 2022-2023 also participated Mumbai Kho – Kho Association for the year 2022-23.

**3) Prathmesh Durgawale**



Represented in Inter – University Kho - Kho (men) Tournament 2022-2023 Team and participated at West zone Kho- Kho Tournament, at Govind guru Tribal University, Banswara, and Rajasthan from 04<sup>th</sup> to 07<sup>th</sup> January, 2023.

**4) Aayush Gurav :**



Represented in Inter – University Kho - Kho (men) Tournament 2022-2023 Team and participated at West zone Kho- Kho Tournament, at Govind Guru Tribal University, Banswara, and Rajasthan from 04<sup>th</sup> to 07<sup>th</sup> January, 2023. & also represented in Kho - Kho Federation of India (men) Tournament & Mini Olympics Tournament 2022-2023 participate Mumbai Kho – Kho Association for the year 2022-23.

**5) Dyanesh Govare**



Represented in Kho - Kho Federation of India (men) Tournament & Mini Olympics Tournament 2022-2023 also participated Mumbai suburban Kho – Kho Association for the year 2022-23.

**6) Prashik More**



Represented in Kho - Kho Federation of India (men) Tournament & Mini Olympics Tournament 2022-2023 and participated Mumbai Kho – Kho Association for the year 2022-23.

**7) Omkar Mirgal**



Represented in Kho - Kho Federation of India (men) Tournament & Mini Olympics Tournament 2022-2023 and participated Mumbai Kho – Kho Association for the year 2022-23.

**8) Ajay Mitra**



Represented in Kho - Kho Federation of India (men) Tournament & Mini Olympics Tournament 2022-2023 and participated Mumbai Kho – Kho Association for the year 2022-23.

**9) Sourav Parte**



Represented in Inter – University Kabaddi (men) Tournament 2022-2023 Team and participated at West zone Kabaddi Tournament, at west zone 25th November to 30<sup>th</sup> November, 2022 at Rani Durgawati Vishwavidhyalaya, Jablapur.

Represented in Kabaddi Federation of India (men) Tournament & Mini Olympics Tournament 2022-2023 participate Mumbai Suburban Kabaddi Association for the year 2022-23.

**10) Rohit Chorge**



- Rohit secured 2<sup>nd</sup> Rank in 61 kg. weight category & Kunal was secured 1st rank in 74 kgs. weight category.

**11) Kunal Chorge :**



- **Kunal chorge** secured 3rd place bronze medal in 74kg. category for inter zonal competition

**12) Akash Duwali :**



- Represented in Mumbai University Gymnastic Team and participated at All India Gymnastic Tournament, dated 10<sup>th</sup> to 14<sup>th</sup> March, 2023 at Punjab University Chandigarh.

**13) Harshal Jadhav :**



- Represented in Inter – University Cricket (men) Tournament 2022-2023 Team and participated at West zone Kabaddi Tournament, at Deendayal Upadhyaya Shekhawati University, Sikar University, Pandit from 1st to 10th February, 2023
- Participated in selection Trails in Mumbai Cricket Association under 25 Team in Mumbai Association Tournament. He also played in A Division of Times Shield under BPCL.

**14) Sanket Yashwante :**



- Represented in Inter – University Cricket (men) Tournament 2022-2023 Team and participated at West zone Kabaddi Tournament, at Deendayal Upadhyaya Shekhawati University, Sikar University, Pandit from 1st to 10th February, 2023

**15) Kumatubh Chiklekar :**



- Represented in Inter – University Cricket (men) Tournament 2022-2023 Team and participated at West zone Kabaddi Tournament, at Deendayal Upadhyaya Shekhawati University, Sikar University, Pandit from 1st to 10th February, 2023

**16) Priti Hande**



- Represented in Inter zonal University Kabaddi (Women) Tournament 2022-2023.
- Represented in Kabaddi Federation of India (Women) Tournament & Mini Olympics Tournament 2022-2023
- Represented Mumbai City Kabaddi Association for the year 2022-23.

**17) Yogita Raut**



- Represented in Kabaddi Federation of India (Women) Tournament & Mini Olympics Tournament 2022-2023
- Represented Mumbai City Kabaddi Association for the year 2022-23.

❖ Our Three Kho Kho & Gymnastic College Players were selected in University & National level team at Dr. Harisingh Gour Vishwavidyalaya sagar University (MP), & Central University of Himachal Pradesh Dharamshala, (HP) & dated 29<sup>th</sup> to 31<sup>st</sup> March at Gurunanak Dev University Amritsar.

**Aditya Kamble**



**Akash Kadam**



**Akash Dhuwali**



**Suraj Patil**



**Harshal Jadhav**





# **JR. COLLEGE**

## **TEAM ACHIVEMENT**

### **1) KHO-KHO (BOYS):**

- 1) Secured 'Runner up' in Inter-collegiate Kho-Kho DSO (District Level ) Tournament held at Dr. Ambedkar College, Wadala on 05/01/2023



- 2) Jr. College Kho –Kho team secured Second place in “M.D. Karandak “Mix Sr. & Jr Boys “ Inter-collegiate Kho –Kho Tournament organized by M.D.College, Parel held on 19<sup>th</sup> to 23<sup>rd</sup> November, 2022.



- 3) Got 'Runners up' Trophy in Inter-collegiate Kho-Kho Tournament org. by Junior Colleges Sports Association of Mumbai held from 09/01/2023 at Jointly Org. Shri. Narayana Guru College & N.G.Acharya College, Chembur.



4) Jr. College Karandak “Mix Sr. & Jr Boys “ Kho –Kho team secured First place & our 2<sup>nd</sup> B Team qualified semi final in “Kirti Karandak “Inter-collegiate Kho –Kho Tournament Organized by Kirti College, Dadar, held on 21<sup>st</sup> to 22<sup>nd</sup> December, 2022.



- Jr. College Kho-Kho team secured first place in Inter-collegiate Kho-Kho Tournament jointly organized by Shree. Narayan Guru College & N.G.Acharya College, Chembur Mumbai held on 09<sup>th</sup> Jan, 2023.

**Our Three College Players were selected in Association & National level team at Mumbai Shahaar Team as well as selected DSO in selection trails.**





**ROHIT KEDARE**



**ARPIT TIWARI**



**HARSH KAMTEKAR**



**JANARDHAN SAWANT**

## 2) **KHO-KHO (GIRLS):**

1) Participated in Inter-collegiate Kho-Kho DSO (District Level ) Tournament

Held at Dr. Ambedkar College, Wadala on 09/01/2023



2) 'Runners up' Trophy in Inter-collegiate Kho-Kho Tournament org. by Junior Colleges Sports Association of Mumbai held from 09/01/2023 at Jointly Org. Shri. Narayana Guru College & N.G.Acharya College, Chembur.



## 3) **KABADDI (BOYS):**

1) Secured 'Runners up' in Inter-collegiate Kho-Kho DSO (District Level ) Tournament

held at Dr. Ambedkar College, Wadala on 05/01/2023



- Jr.College Kabaddi team secured second place in Inter-collegiate Kabaddi Tournament organized by Shri. Narayan Guru College Chembur held on 6<sup>th</sup> March, 2023.



- Jr.College Kabaddi team secured second place in Inter-collegiate Kabaddi Tournament organized by Shri. Narayan Guru College Chembur held on 6<sup>th</sup> March, 2022.

Our TWO College girl were selected in DSO team selection trails at DSO

#### 4) FOOTBALL (BOYS):



Jr. College Football Team



Jr. College Football Team with Coach & Gymkhana Staff

#### 5) CRICKET (BOYS):

- Our college Junior college boy's cricket team reached to the **Quarter Final in** Inter-collegiate Cricket Tournament organized by DSO Tournament.

#### 6) VOLLEBALL (BOYS):

No Participated this year only District / Sate / National/International Players Should Be participated only.

#### 7) KABADDI (GIRLS):

- Secured 'Runners up' in Inter-collegiate Kabaddi DSO (District Level ) Tournament held at Dr. Ambedkar College, Wadala on 05/01/2023.

- Girls' team secured first place in Kabaddi tournament organized by Shree. Narayan Guru College held on 06<sup>th</sup> January, 2023. Shri. Narayan Guru College Chembur Mumbai.
- Three students Selected for the Mumbai Shahar Junior Team Association National Kabaddi Tournament for the year 2022-2023.



### 8) CHESS:

- Our College Students participated Junior College Sports Mumbai Chess Tournament Winner at Royal College, Mira road.



### 9) Kick Boxing : (Boys)

Our One College student were selected in DSO team selection trails at DSO

### 10) Taekwondo : (Girl)

Our One College student were selected in DSO team selection trails at DSO

### 11) KARATE : (Boys )

Our four students were selected District Level & State Level at Baramati.

### 12) KARATE : (Girl)

Our One College student was selected in DSO state level Baramati.



**13) Cross Country (Boys) :** Our College Students participated Junior College Sports Mumbai Cross Country Tournament secured 2<sup>nd</sup> place team Championship at Dr. Ambedkar College, Wadala, Mumbai-31.

**14) Cross Country (Girls) :** Our College Students participated Junior College Sports Mumbai Cross Country Tournament secured 3<sup>rd</sup> place team Championship at Dr. Ambedkar College, Wadala, Mumbai-31.



**15) OTHER EVENTS:**

- Students participated others game in Inter-collegiate Carrom, Table Tennis, Badminton, Swimming & Athletic competition.

## **INDIVIDUAL ACHIVEMENT**

### **1) Rohit Kedare**



Represented for College DSO Kho-Kho Tournament and selected DSO selection trails Zonal level team. Mumbai Shahaar state level Team.

### **2) Arpit Tiwari**



Represented for College DSO Kho-Kho Tournament and selected DSO selection trails Zonal level team. Mumbai Suburban state level Team.

### **3) Harsh Kamtekar**



Represented for College DSO Kho-Kho Tournament and selected DSO selection trails Zonal level team. Mumbai Shahaar state level team.

### **4) Janardan Sawant**



Represented for College DSO Kho-Kho Tournament and selected DSO selection trails Zonal level team. Mumbai Shahaar state level team.

5) **Shravani Karangutkar**

Selected DSO selection trails |level team at Mumbai Shahar Team.



6) **Kabaddi**

2 students were selected DSO selection trails |level team at Mumbai Shahar Team



7) **Krutika Chavan**

Selected DSO selection trails |level team at Mumbai Shahar Team.



8) **Chess**

Selected DSO selection trails |level team at Mumbai Shahar Team.





**9) Yash Mokal**

**Our four student were selected District and State Level in Karate at Baramti**



**10) Pawan Pawar**

**Our student were selected District Level and State Level in Karate at Baramti**



**11) Mahesh Chavan**

**Our student were selected District Level in Karate**



**12) Saiprasad patil**

**Our student were selected District Level in Karate**



### 13) Mahee Dinde

Our four student were selected District Level & State Level at Baramati.



### 14) Taekwondo

Selected DSO selection trails | District level team at Mumbai Shahar Team.



### 15) Kick Boxing

Maruti Virkar was Selected DSO selection trails | level team at Mumbai Shahar Team.



16) The University Tournament has been conducted & organized by our College Gymkhana Department during the academic year – 2022-2023.

Sr . N o.	Event Name	Boys /Girls	Date	Venue	Even Level
1	Squash	Boys /Girls Selection trial	7 /09/2022 & 8/09/2022	Matunga Gymkhana Matunga (E), Mumbai 400019	MUMBAI CITY ZONE – 1 Inter Collegiate Tournament
2	Swimming	Boys /Girls	19/09/2022	P.M.B Hindu Swimming bath Charni Road Mumbai – 400 007.	MUMBAI CITY ZONE – 1 Inter Collegiate Tournament
3	Wight Lifting	Boys /Girls	06/10/2022	Naigaon Police Gymnasium	MUMBAI CITY ZONE – 1 Inter Collegiate Tournament

4	Volleyball	Boys	09/10/2022 & 10/10/2022	Dr. Ambedkar College. Wadala	MUMBAI CITY ZONE – 1 Inter Collegiate Tournament
5	Kho – Kho	Boys/Girls	10/10/2022	Dr. Ambedkar College. Wadala	MUMBAI CITY ZONE – 1 Inter Collegiate Tournament
6	Kabaddi	Girls	17/10/2022 & 18/10/2022	Dr. Ambedkar College. Wadala	MUMBAI CITY ZONE – 1 Inter Collegiate Tournament
7	Football	Boys/Girls	17/10/2022	University of Mumbai Marin Line	MUMBAI CITY ZONE – 1 Inter Collegiate Tournament
8	Boxing	Boys /Girls	11/11/2022 & 12/11/2022	Dr. Ambedkar College. Wadala	MUMBAI CITY ZONE – 1 Inter Collegiate Tournament
9	Athletics	Boys /Girls	14/11/2022 & 15/11/2022	University of Mumbai Marin Line	MUMBAI CITY ZONE – 1 Inter Collegiate Tournament
10	Cricket	Boys	6/1/2023 10/1/2023 11/1/2023 12/1/2023 13/1/2023 16/1/2023 17/1/2023 20/1/2023	Shivaji Park Dadar	MUMBAI CITY ZONE – 1 Inter Collegiate Tournament
11	Cricket	Girls	16/1/2023 17/1/2023 20/1/2023	Shivaji Park Dadar	MUMBAI CITY ZONE – 1 Inter Collegiate Tournament
12	Zonal Tournament		13/10/2022 & 14/10/2022	Dr. Ambedkar College. Wadala	Inter Zonal
13	Lawn Tennis	Boys /Girls	12/11/2022	Matunga Gymkhana	Inter Collegiate
14	Kho – Kho	Boys	21/11/2022	Dr. Ambedkar College. Wadala	Inter Collegiate
15	Hockey	Boys /Girls Selection Trails	24/11/2022	Bombay Hockey Association Charchgate Mumbai – 400 020.	Inter Collegiate
16	Half Marathon	Boys /Girls Selection Trails	17/11/2022	Kalyan	Inter Collegiate
17	Handball	Boys /Girls Selection Trails	17/11/2022	Naigaon, Mumbai - 400 014	Inter Collegiate
18	Rugby	Boys /Girls Selection Trails	12/12/2022 & 13/12/2022	Dr. Ambedkar College. Wadala	Inter Collegiate
19	Archary	Boys /Girls Selection Trails	21/12/2022	Dr. Ambedkar College. Wadala	Inter Collegiate

20	Cricket	Girls	16/1/2023 17/1/2023 20/1/2023	Shivaji Park Dadar	Inter Collegiate
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**Mr. P.P. Patil**  
(Sports Director)

**Prof. D.A.Gawai**  
(Chairman, Gymkhana)